



K'wen 'inish-ha

Have you heard the news?
Newsletter of the Coquille Indian Tribe

January 2011
Volume 19, Issue 1

Chairman Report

This month's report is taken from the written 2011 Mid-Winter Gathering report

Mid-Winter Gathering General Council Meeting, Saturday, January 15, 2011

This report is dedicated to Tribal Members and their Families, Tribal Council, the CEDCO Board, our Tribal Entities and all our employees. May the Great Spirit Bless and Protect you.

Edward L. Metcalf, Tribal Chairman
Happy Mid-Winter Gathering!!!

As we start out a new year, 2011, I would like to acknowledge the seven members of your Coquille Tribal Council.

- Chief Ken Tanner
- Chairman Ed Metcalf
- Vice-Chairman Tom Younker
- Secretary/Treasurer Joan Metcalf
- Representative Sharon Parrish
- Representative Kippy Robbins
- Representative Toni Ann Brend

- **Turn to 'Chair', pg. 12**

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Look for us on the web:
www.coquilletribe.org



Tribal members hike through Euphoria Ridge located in the Coquille Forest during last year's Summer Academy. The Tribe has been working with the Forest Stewardship Council over the last three years to receive certification for their sustainable forestry management practices. More information on pg. 9 of this month's newsletter. Look for information on the next Summer Academy later this year.

Coos County Youth Summit: Five scholarships available for Tribal member high school students to attend annual youth mentoring event

The Coquille Indian Tribe has received five scholarships for Tribal member high school students to attend the 5th annual Coos County Youth Summit. This event will be held at Southwestern Oregon Community College on Wednesday, March 16. Five scholarships are available to Tribal members currently in high-school. An application must be submitted (Please contact the CIT Education Department).

This event is sponsored by the Coos County Commission on Children and Families. Staff from this agency work with students from area high-schools to plan the summit including selecting speakers, developing activities and choosing a theme for the event. Tribal member students who attend will have the opportunity to gain valuable experience in event planning by helping plan the 2012 Summit.

The theme for the 2011 Summit is "Changing Minds and Saving Lives, Drugs won't be our Kryptonite". The event includes a keynote speaker focused on motivating students to succeed in life and several break-out sessions covering subjects of concern to youth (These are in addition to the drug-awareness education that is the main theme of the event). Last year's session topics included Media Literacy, Positive Relationships, and Preparing for College. Attendees also receive a continental breakfast, box lunch, t-shirt and an informational packet.

To receive an application, please contact the CIT Education department. Located at 2611 Mexeye Lp, the Education Department can be contacted by calling the Tribe's main office at 1-800-622-5869 or 541-756-0904; email: lindamecum@coquilletribe.org.

The CIT Strategic Plan Update

This information was included in a flyer made available at the 2011 Mid-Winter Gathering

The Coquille Indian Tribe is in the process of updating its Strategic Plan. The purpose of the Plan is to articulate the vision of Tribal members and help guide Tribal government decisions about how to best meet the goals set forward in the Tribe's Constitution. Tribal member and CIT staff participation are integral parts of this process to ensure the Plan reflects the needs of the Tribe's community.

Strategic Plan Update (Plan)

Over the past decade, the Coquille Indian Tribe has experienced substantial growth. The population of the Tribe has increased significantly, Tribal businesses have grown and diversified, and the Tribal government has provided more and better services to Tribal members. Many of the goals from the last Plan have been achieved. In the face of continued growth and economic trends the Tribe must strategically evaluate

- **Turn to 'Strategic Plan', pg. 5**

Coquille Tribal Community Fund announces 2010 grant recipients 46

grants provide \$294,000 for community projects

North Bend, Ore. – The Coquille Tribal Community Fund will provide \$294,000 in grants this year to projects at 46 area non-profit organizations and public agencies.

At its annual meeting, the Fund's Board of Trustees placed added emphasis on programs directed toward individuals and families who were adversely affected by the regional and national economic downturn.

"Our trustees are acutely aware of the need for basic services throughout the region," said Julia Willis, Fund administrator. "Programs providing food, emergency housing and health services were given a high priority in this year's funding decisions."

In its continuing emphasis on feeding the hungry, the Fund provided \$82,475 to 14 organizations operating food pantries, senior meals programs, community gardens and children's nutrition. Board members provided an additional \$27,000 for housing and health care programs. In addition, the Fund continued its support for the Coos County Historical Society's Waterfront Museum with a grant for \$70,000. Grants totaling more than \$30,000 were provided for the arts and art education programs.

- **Turn to 'Fund', pg. 10**

Head Start Winter Concert

The Coquille Indian Tribe Head Start and After School Programs Cordially Invite You to Attend our Mid-Winter Concert on Wednesday, February 16 at 5:30 p.m. Dinner will be provided.

If you have any questions, please don't hesitate to call: 541-888-9494



SNOW CAMP 2011!!

Once again it's that time of the year for our annual Youth Snow Camp! Snow camp will be held over **Spring Break at Mt. Hoodoo March 25-27, 2011**. Look for your packets in the mail soon. They must be returned by March 11.

To be eligible, you must be a Coquille Tribal member, step or adopted youth between the ages of 8-18 and must be enrolled in school full time and meet CITCHC school attendance requirements.

The weekend of Snow Camp activities will include: Skiing, Tubing, Boarding, Snow Biking and Swimming...BUT SPACE IS LIMITED!!!

If you or somebody in your household is interested, please RSVP with Luke, Tanya or Laura to receive a packet. The packets are due March 11.

Hoodoo Mountain Resort is located near Sisters, Oregon.

Phone: 541-888-9494
Email: lukeclark@coquilletribe.org; tanyaclark@coquilletribe.org; lauraangulo@coquilletribe.org



Native drumming at the Community Plankhouse every Wednesday evening beginning at 6 p.m.

Please join us on Wednesday February 9th 6:00 p.m. - 8:00 p.m. at the Plankhouse we will have a special guest dance teacher that will be available to help you learn the steps of powwow dancing.

Community Calendar

- **Elders Committee meeting.** Tuesday, February 8. 3 p.m. CIT Community Health Center.
- **Tribal Council meeting.** Thursday, February 10. 1 p.m. CIT main office. Workshops scheduled for Wednesday, February 9 from 9 a.m. to 5 p.m. and Thursday from 9 a.m. to 12 noon.
- **Health Advisory Board meeting.** Friday, February 11. 3 p.m. CIT Community Health Center.
- **Elders Lunch.** Friday, February 11. 12 noon. The Mill Casino. Please contact the CIT Community Health Center for more information.
- **Fish and Wildlife Committee meeting.** Monday, February 14. 5 p.m. CIT main office
- **Head Start Mid-Winter Concert.** Wednesday, February 16. 5:30 p.m. CIT Community Center.
- **Presidents Day.** Monday, February 21. All CIT offices closed.
- **Tribal Council meeting.** Saturday, February 26. 9 a.m. CIT main office. Workshops scheduled for Friday, February 25 from 9 a.m. to 5 p.m.
- **Tribal Council meeting.** Thursday, March 10. 1 p.m. CIT main office. Workshops scheduled for Wednesday, March 9 from 9 a.m. to 5 p.m. and Thursday from 9 a.m. to 12 noon.

Coquille Indian Tribe:

Administration office:
3050 Tremont Blvd.
North Bend, OR. 97459
Phone: (541) 756-0904, 1-800-622-5869
Fax: (541)-756-0847
Email:
Front Desk: cit@coquilletribe.org
Library: christanner@coquilletribe.org
Education: lindamecum@coquilletribe.org
Tribal Member Services: jivy@coquilletribe.org

CIT Tribal Council:

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joanmetcalf@coquilletribe.org

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Kippy Robbins
2241 N. 14th St.
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1-541-269-4606
kippyrobbins@coquilletribe.org
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Coos Bay, OR. 97420
541-297-5609
sharonparrish@coquilletribe.org
Toni Ann Brend
PO Box 5877
Charleston, OR. 97420
541-297-1279
toniannbrend@coquilletribe.org

CIT Administration:

Executive Director—George Smith; Human Resources—Larry Scarborough; Director of Planning, Community and Real Estate Services—Todd Tripp; CFO—Mark Gagnon; Tribal Member Services—Jon Ivy; Education Program Director—Linda Mecum; LRES—Tim Vredenburg; Librarian—Chris Tanner; Court: Tribal Court Judge—Donald Costello; MIS Coordinator: Rod Debban; GIS—Zeb DeOs

Office/Business Addresses:

Coquille Tribal Police
2602 Mexeye Lp.
Coos Bay, OR. 97420
Tribal Police Department—(541) 888-0189; Emergencies: 911. Chief: Scott Lafevre; Officers: Matthew Parrish; Corretta Greybear-Benson; Brian Dubray

Nasomah Health Group: Rod Cook
PO Box 921
North Bend, OR. 97459
Phone: 541-751-0940; Fax: 541-756-4714

Community Health Center: Kelle Little
600 Miluk Dr. (PO Box 3190)
Coos Bay, OR. 97420
541-888-9494 or 1-800-344-8583
Contract Health: 541-888-4405; 1-866-82-7506
Fax: (541) 888-3431

Housing Authority: Anne Shane
2678 Mexeye Lp.
Coos Bay, OR. 97420
Phone: (541) 888-6501; 1-800-988-6501; Fax: (541) 888-8266

CEDCO: Cal Mukumoto
3201 Tremont St.
North Bend, OR. 97459
Phone: 866-442-3326

Gaming Commission: Terry Springer
3201 Tremont St.
North Bend, OR. 97459
(541)-756-5664; 1-800-953-4800;
Fax (541) 756-5478

Letters to Editor Policy...

"K'wen 'inish-ha" is the publication of the Coquille Indian Tribe. We have established an editorial policy to encourage input from readers about families, news, stories, or Tribal issues. Letters must be printed or typed and cannot exceed 1000 words. K'wen 'inish-ha reserves the right to edit any letter for clarity and length, and to refuse publication of any letter or part of a letter that may contain libelous statements, personal attacks, or has profane language. The Coquille Tribal Newsletter and Tribal Government accept no responsibility for statements made in the Letters to the Editor. The opinions expressed are solely those of individuals writing in. Not all letters are guaranteed publication upon submission. Published letters do not necessarily reflect opinions of the K'wen 'inish-ha employees or Tribal Council.

All letters must include your name, address and signature.

Send your letter to:

K'wen 'inish-ha
Coquille Indian Tribe
3050 Tremont Blvd.
North Bend, OR 97459

Elders Honor Day 2011! Save The Date!!!

The Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians and the Coquille Indian Tribe are pleased to announce they will be co-hosting the 15th Annual Oregon Tribal Elders Honor Day to be held on March 18 & 19, 2011 at the Three Rivers Casino & Hotel in Florence, Oregon.

Registration forms and Agenda will be mailed in late January, 2011.

Job Opening at Heritage Place Assisted Living & Memory Care – Bandon, OR

DIRECTOR OF SALES & MARKETING

Heritage Place Assisted Living & Memory Care in Bandon, OR has an opening for Director of Sales & Marketing. Applicants should have a minimum of 5-10 years relational sales experience; preferable some in the senior living industry. Candidate selected will possess excellent professional relationship building skills, strong networking skills and have a proven ability to close sales.

This position requires consistent daily follow-up via a lead management program, the ability to communicate with team members and senior management effectively, a proven ability to plan and orchestrate social events on a monthly basis, work within an established budget and the motivation needed to meet and exceed weekly occupancy goals. Candidate selected will have a genuine love of working with the senior population and their families. Individual must be willing to work some evening and weekends and to be “on-call” for immediate follow up with prospective resident inquiry calls. **Closing date: February 11**

Please send resumes to slubke@bandonhpc.com

More job opportunities from The Mill Casino-Hotel are printed on pg. 9 of this month's newsletter.

Peacegiving Court is available to assist in resolving disputes involving members of the Coquille Indian Tribal community.

Peacegiving:

- Offers a safe means to resolve disputes through communication
- Calls on old ways and the wisdom and experience of tribal elders
- Ensures due process and equal protection under the law to all participants
- Seeks to help those in conflict resolve underlying causes of dispute
- Focuses on restoration in the community rather than punishment
- Mentors individuals, guiding them in tradition, ceremony & skills for living
- Gives to those in conflict while inviting them to give back to their community

Cases or disputes may be filed by individuals or referred to Peacegiving Court through the office of the Coquille Indian Tribal Attorney.

For additional information please contact Susan Thornton, Peacegiving Court Advocate, Coquille Indian Tribal Court, 541/756-0904 or susanthornton@coquilletribe.org.

Remarks On the Mid-Winter Gathering

Dear Tribal Members,

Another fun filled Mid-Winter gathering was held this past weekend, and a truly BIG THANK YOU goes to Brenda and her crew. They put so much effort in the planning for such a big event. As some of you may know from attending Family Camp last year at Eagle Crest, she goes way above and beyond the call of duty, so again “thank you” Brenda and your crew.

The General Council meeting was well attended this year, with concerns and recommendation to the Tribal Council. Some of the questions were old ones. One was about Tribal members who live out of the service area who don't receive anything. The Tribe tries to be fair to each and everyone in the Tribe providing services with money that we receive from the Mill Casino and the Hotel. We provide the Nasomah Health Insurance plan to you outside the service area. The health care is on the rise again so they may be increasing your co-pay some again. But remember the Tribe is trying to keep it down for you. Total enrollment is currently 989. Tribal members who live in the service area are not eligible to be enrolled in the program. We have contract health that provides health care for us.

Another question that upsets me was; “the Tribal Council held a secret meeting” to approve the Tribal Council Service Fund ordinance that was sent out to you for a 30 day review. There were no comments to this ordinance. So we the Tribal Council approved the ordinance. The reason everyone thinks it was a secret meeting was because at the time we were holding meetings in different areas of the state to get Tribal members to attend a meeting. At that meeting held in Portland there were 3 Tribal members from that area attending. We have since stop going out of town because of the cost to take staff and tribal council members with motels, gas and food.

The Mill Casino and Hotel was not able to give the Tribe the amount they usually give during the year as they have in past years. So we have directed the staff to cut back on their budgets, cut the cost of supplies, no new hires, no raises for the staff, and no raises for Tribal Council. This year we were finally able to give our staff a 2% cost of living which is not much.

The mission of this Tribe is to take care of each and every one of you, “someday”. So please if you have a question or a need, and you don't know who to ask, just call one of us on Tribal Council, we are here for you. Thank you for your support and I am here for you!

Sincerely,

Sharon Parrish

Tribal Council Representative

541-888-3921

541-297-0569

Sixth Annual Native Caring Conference...A Conference to Learn, Share, and Connect

March 30-31, 2011

Grand Ronde, Oregon at Spirit Mountain Casino and Resort

Come and join other caregivers of native elders and Relatives caring for children from northwest Indian communities in this two day event. You will have the opportunity to attend valuable workshops which will enhance your caregiving skills and provide you with a break from your daily responsibilities.

Look for registrations coming out early February, 2011

For more information contact: Bonnie Mercier from Grand Ronde at 503-879-2016 or Judy Bowen in the State Unit on Aging of DHS at 503-373-1842

All About Diabetes

Diabetes is a disease in which the body does not produce or properly use insulin. Insulin is a hormone that is needed to convert sugar, starches and other food into energy needed for daily life. The cause of diabetes continues to be a mystery, although both genetics and environmental factors such as obesity and lack of exercise appear to play roles.

There are 20.8 million children and adults in the United States, or 7% of the population, who have diabetes. While an estimated 14.6 million have been diagnosed with diabetes, unfortunately, 6.2 million people (or nearly one-third) are unaware that they have the disease.

In order to determine whether or not a patient has pre-diabetes or diabetes, health care providers conduct a Fasting Plasma Glucose Test (FPG) or an Oral Glucose Tolerance Test (OGTT). Either test can be used to diagnose pre-diabetes or diabetes. The American Diabetes Association recommends the FPG because it is easier, faster, and less expensive to perform.

With the FPG test, a fasting blood glucose level between 100 and 125 mg/dl signals pre-diabetes. A person with a fasting blood glucose level of 126 mg/dl or higher has diabetes.

In the OGTT test, a person's blood glucose level is measured after a fast and two hours after drinking a glucose-rich beverage. If the two-hour blood glucose level is between 140 and 199 mg/dl, the person tested has pre-diabetes. If the two-hour blood glucose level is at 200 mg/dl or higher, the person tested has diabetes.

Major Types of Diabetes

Type 1 Diabetes: results from the body's failure to produce insulin, the hormone that "unlocks" the cells of the body, allowing glucose to enter and fuel them. It is estimated that 5-10% of Americans who are diagnosed with diabetes have Type 1 Diabetes.

Type 2 Diabetes: Results from insulin resistance (a condition in which the body fails to properly use insulin), combined with relative insulin deficiency. Most Americans who are diagnosed with diabetes have type 2 Diabetes.

Gestational Diabetes: Gestational diabetes affects about 4% of all pregnant women – about 135,000 cases in the United States each year.

Pre-diabetes: Pre-diabetes is a condition that occurs when a person's blood glucose levels are higher than normal but not high enough for a diagnosis of Type 2 Diabetes. There are 54 million Americans who have pre-diabetes, in addition to the 20.8 million with diabetes.

MyNurse 24/7 and URGENT CARE

MyNurse 24/7 service that is available to you. The goal of the service is to give you medical advice that is appropriate, timely and cost effective. When you are unsure about what to do about a medical concern, the nurse will be available any time during the day or night to help guide you.

The MyNurse 24/7 number is **1-866-500-5922**.

In the event the nurse suggests you visit an urgent care facility, I have listed below the addresses, phone numbers and hours of operation for facilities close the five counties in the service area that are available for your use:

Douglas County:

Evergreen Urgent Care
2570 NW Edenbower Blvd. Suite 100
Roseburg, OR
541-957-1111
Open Monday – Friday 7 a.m. to 7 p.m.; Saturday, 9 a.m. to 5 p.m.; Sunday, 11 a.m. to 5 p.m.

Jackson County:
Valley Immediate Care (2 locations)
1600 Delta Waters, Suite 107; 541-858-2525
Or
235 Barnett Rd, Suite 106
Medford, OR
541-773-4029
Both open Monday – Friday 8 a.m. to 8 p.m.
Saturday and Sunday 9 a.m. to 6 p.m.

Curry County: There is no urgent care facility in Curry County.

For any questions during normal business hours, please call Contract Health Services Case Manager, Deb Sensenbach, BSN, RN at 541-888-9494 ext. 20204.

Diabetes Prevention Program

Are you frustrated in your efforts to lose weight?
Are you at risk for Diabetes?

We've all joined programs, attempted "quick fix" diets, and bought the latest fad diet books. Sure, these methods work for a while, but if you haven't changed your habits and behaviors, you'll soon lose interest, quit the program, and gain back any weight you have lost.

The Diabetes Prevention Program is designed to help you overcome obstacles and make lifestyle changes that enable you to make healthy lifestyle choices through healthy eating and physical exercise. What's more this program is designed for you.

Want to know if you are at risk for developing DIABETES

Call Gail to schedule your Blood Sugar Test and receive a free T-Shirt, and put your name in a drawing for a \$25.00 Nutrition Card from Albertson's.

Gail Accinelli: 541-888-9494, ex 20216

Health Advisory Board

The first Health Advisory Board meeting for 2011 is Friday, February 11, 2011 at the Community Health Center in the Conference room beginning at 3:00 p.m.

Congratulations to the Coquille Tribal members who were recently appointed to the Health Advisory Board (H.A.B.) by the Coquille Tribal Council. The H.A.B. members include; Jeff Wasson, Corrine Burnum, Fauna Doyle, Denise Hunter and Kippy Robbins. The Board meets a minimum of four times per year to review policies, program eligibility and advise the CHC Administration regarding program development, assessment, direction and allocation of resources.

The Coquille Indian Tribe also expresses its appreciation for the time and effort that outgoing board members, Lynn Sandberg and William Rice dedicated to Coquille Indian Tribe during their service on the Health Advisory Board. Health Care is the top priority of the Coquille Indian Tribe and the members who serve on the Health Advisory Board provide the Tribal Council with valuable insight and guidance regarding the delivery of health and social services.

CONTRACT HEALTH - OUT OF TOWN TRAVEL

Due to the high volume of requests, Contract Health Service is now dedicating one day a week to issue travel checks. Checks will be processed every Wednesday beginning January 19, 2011.

Travel checks are issued to assist you in the cost of out of town travel when you are in need of a specialty medical provider that is not available to you in your area. Please call Contract Health Service as soon as you are aware of an upcoming appointment which is out of town so we can get your checks to you in a timely manner.

Nike N7 Shoes: The Coquille Indian Tribe Community Health Center is committed to ensuring that Coquille Tribal members and their families continue to strive towards a healthy lifestyle through diet and exercise. In order to provide ongoing health and wellness services to Diabetes clinic users and Coquille Tribal members, whom reside in the five county service area, the Air Native N7 shoes are available in sizes listed below: (We have a limited supply of N7 Native Nike Shoes, while supplies last):

Sizes Available: **Women Sizes: 5, 5.5, 6.5, 7, 7.5, 9.5, 10, 10.5, 12; **Men Sizes: 6.5, 7, 7.5, 8, 8.5, 9.5, 10.5

To receive a pair of shoes tribal members must first meet with the CITCHC Health Educator. Direct questions to Gail Accinelli, 1-800-344-8583 or 541-888-9494, ex 20216

Correction to Ordinance Notice: Elders Benefit Program and Elders Supplemental Security Income Program

The Notice for Coquille Indian Tribal Code Chapter 152, included in last month's newsletter, incorrectly stated that the payment date for Elders Benefit recipients as on or before the 10th day of the month.

The correction is as follows--**Payment date: Payments shall be made on or before the first day of each month to all Elders who are eligible for the benefit on the first day of that month.**

The purpose of the ordinance amendment is to update the Elder's Benefit Program and Elder's Supplemental Security Income Program Ordinance. It is also to provide authorization for the funding of the Coquille Tribal Elders Benefit Program and an alternative to the Coquille Tribal Elders Supplemental Security Income Program, both of which provide for the needs of Tribal Elders. Qualifying Elders may participate in either, but not both, of these funds.

The revised Chapter 152 is available for viewing at the Tribal Administrative Offices at 3050 Tremont Street, North Bend, Oregon during the normal business hours of 8:00 am to 5:00 p.m. Monday through Friday. Copies of the revised ordinance can be obtained by contacting:

Tribal Legal Office
Coquille Indian Tribe
3050 Tremont Street
North Bend, Oregon 97459
Email: tribalattorney@coquilletribe.org

Comments: Interested Tribal members may submit comments in writing on the revised Chapter 152 to the above address or email to: eopinion@coquilletribe.org.

CIT Ordinances online at www.coquilletribe.org

Ordinances are available several ways. They are now posted on the Legal Service page of the Tribe's website, www.coquilletribe.org. Once at the page, select the Legal Services Department and click the link to the Tribal Ordinances at the bottom of the page. You are able to view all of the current Ordinances here.

There is other helpful information on the Legal Services page of the website. Notices of changes to Tribal Ordinances are posted here and there is a link to helpful legal referral information.

You can also obtain copies of Ordinances, Ordinance amendments, and comment on Ordinance amendments by contacting the Legal Assistant 8:00-12:00, Monday through Friday at the Administration offices, (541) 756-0904 or through e-mail kaycollins@coquilletribe.org. We are happy to mail any of this information to you if you do not have access to the internet or a printer.

'Strategic Plan' continued from pg. 1

its services and operations so it can continue to meet its commitment as stated in the Coquille Indian Tribe Constitution:

1. Preservation of Coquille Indian Culture and Tribal Identity
2. Promotion of social and economic welfare of Coquille Indians
3. Enhancement of our common resources
4. Maintenance of peace and order
5. Safeguard individual rights of tribal members

The Plan will identify emerging issues and policy questions relating to Coquille Indian Tribe's current strengths, challenges, weaknesses and opportunities. The purpose of the Plan is to focus Tribal government activities to ensure it is meeting Tribal member needs and the Coquille Indian Tribe's Constitutional goals efficiently, effectively, and with cultural integrity.

Tribal member involvement

Tribal member involvement is a critical part of updating the Strategic Plan. Hearing from Tribal members helps the Tribe's government to understand Tribal member needs and vision for their government. Hearing from Tribal members inside and outside the service area is a major priority and focus of Plan development and Tribal members' ideas and feedback will be used for guidance in shaping the Plan.

Opportunities for Tribal members to give input

Understanding and incorporating Tribal member perspectives is an essential part of the planning process and the Plan's development. Throughout this project, Tribal members will be asked to contribute ideas and comments in multiple ways.

Phase 1 Tribal member input: January-March:

- Community dinners will be scheduled in each of the 5 counties within the service area

Phase 2 Tribal member input: April-June:

- Services and priorities survey available on the CIT Web Portal and mailed to all Tribal members over the age of 13 for response and comment

Phase 3 Tribal member input: July-September:

- Draft Plan available on the Portal and mailed to all Tribal members over the age of 13 for response and comment
- Draft Plan reviewed and revised during Restoration Celebration and Family Camp

Notice of Tribal Ordinance Amendment: Tribal Court Ordinance

Closing Date for Comments: All comments must be received before February 24, 2010.

The Coquille Tribal Council has approved the following ordinance amendment and is hereby providing notice of its availability and comment period.

Title of Ordinance: Coquille Indian Tribal Code, Chapter 610, Tribal Court Ordinance

Purpose: The purpose of this Ordinance is to provide for the administration of law and justice and juridical procedures and practices by the Coquille Indian Tribe as a sovereign nation by exercising the inherent power to make, execute, apply and enforce its own law and the laws of other sovereigns through a Tribal Court system.

Background: The Tribal Council is the governing body of the Coquille Indian Tribe. The responsibility to organize all efforts of Tribal government rests in the Tribal Council. To carry out the goals of the Tribe, the Tribal Council is vested with the authority to establish the Tribal Court and hire others to assist the Tribal Council in carrying out all legislative and judicial functions of Tribal government. The Tribal Council considers these authorities to be necessary to achieve Tribal goals and visions.

Summary of Major Provisions: The amendments to Chapter 610 set a statute of limitations:

- (e) Statute of Limitations for Suits Against Tribe or Tribal Entities

The Court shall not have subject matter jurisdiction to hear any case, matter, administrative appeal, or other legal action filed against the Tribe, any Tribal officer, employee, or agent acting in his or her official capacity, or any Tribal committee, department, entity, or corporation or any officer, employee, or agent of such committee, department, entity, or corporation acting in his or her official capacity, if such action is filed more than one year after the incident or harm that gave rise to the cause of action alleged. This statute of limitations shall apply to any and all cases, matters, administrative appeals, or other legal actions brought against any of the aforementioned unless the Coquille Indian Tribe by law or ordinance enacts or has enacted a different statute of limitations (whether longer or shorter) for any specific case, matter, administrative appeal, or other legal action.

Availability of Ordinance. The revised Chapter 610 is available for viewing at the Tribal Administrative Offices at 3050 Tremont Street, North Bend, Oregon during the normal business hours of 8:00 am to 5:00 p.m. Monday through Friday. Copies of the revised ordinance can be obtained by contacting:

Tribal Legal Office
Coquille Indian Tribe
3050 Tremont Street
North Bend, Oregon 97459
Email: tribalattorney@coquilletribe.org

Comments: Interested Tribal members may submit comments in writing on the revised Chapter 610 to the above address or emailed to: eopinion@coquilletribe.org

After School Program – Winter Break FUN!

We had a great time at the After School Program during Winter Break! Activities included arts and crafts, talent show, games and sports. Field trips included swimming at the North Bend Pool, attending the Winter Solstice Celebration at the Plankhouse, and Christmas caroling to Elders living on the reservation. The After School Program is open Monday through Thursday from 3:00-5:30 and has extended hours during school breaks. Tribal members and Kilkich residents ages 5-18 are welcome! Please contact Laura at the Community Center if you have any questions 541-888-9494.



During Christmas Break, the Tribe's After School Program went door-to-door singing Christmas Carols to residents. This same group also visited the Community Health Center and the Education and Library Center to spread some Christmas cheer.

CIT Community Center New Year's Eve Party- A great way to start 2011!

Over 170 people attended the New Year's Eve Party this year! Folks enjoyed a fun-filled evening of bingo, food, cakewalk, fishpond and a blackjack tournament. Everyone also enjoyed the "super-slide" and "bungee-run," especially the kids! We finished off the evening with door prizes, and crowned our very own Activities Director Luke Clark as the blackjack tournament king! Way to go Luke! A great time was had by all- we hope to see you next year!



Cody Libbett and Inacio Jiminez take a ride down the super slide during the Community Center's New Year's Eve Party



Above: Whitney, Jake and Duke Summers. Below: Tina and Eva Short.



Family Game Night!

On Friday, January 7th, the Prevention Program hosted a Family Game Night! Tribal members and Kilkich residents were invited to have dinner and play board games with their families. Over 60 people attended and had a wonderful evening! Board games were given away as prizes in the hopes that Family Game Night will continue at home. Prevention Coordinator, Laura Angulo shared information about Project THRIVE (suicide prevention) and the new mural in the gym. Nurse Deb Sensenbach was also present to administer teeth varnishing to 15 kids.....yippee! Thanks to staff Andrew Brainard and Theresa Libbett for providing support for the event. We look forward to hosting more of these events and we hope to see you!



Deb Sesenbach varnishes the teeth of young Tribal member Jasmin Garcia during Family Game Night at the CIT Community Center. The events provided a variety of fun activities for attendees while also providing health services such as tooth-decay prevention.



THURSDAY NIGHT MEN'S BASKETBALL

Every Thursday evening at 5:15 p.m. until approximately 7:00 p.m., we host Men's Basketball Night at the Coquille Indian Tribe Community Center. Come join in the fun while getting into shape as well. If you have any questions you can call Luke Clark at 541-888-9494 Ext. 20240.

ZUMBA! ZUMBA! ZUMBA!

If you would like to try ZUMBA, zoom on down to the Coquille Indian Tribe Community Center and give it a shot. We will be offering classes every Tuesday beginning January 11 through March 1. We look forward to seeing you! If you have any questions, do not hesitate to call Luke Clark at 541-888-9494 Ext. 20240 or Cody Libbett at Ext. 20239.



COMMUNITY CENTER FITNESS ROOM



We have expanded the fitness room hours and will now be open from 8 a.m. to 6 p.m. Monday through Friday. We have some great equipment to help with getting a fit & healthy body. Some of the equipment we offer includes a bow flex, treadmills, elliptical machines, exercise bikes and free weights. Come on in and check it out, we would be happy to assist you with any help you might need.

If you have any questions feel free to call 541-888-9494 and ask for Luke Clark at ext. 20240 or Cody Libbett at ext. 20239.

COMMUNITY CENTER GYM USAGE

We have expanded the gym use to tribal parents and their spouses coaching their child's sports teams for practices. The gym is available Monday, Wednesday and Friday from 5 p.m. to 7 p.m. It will start December 22nd. This will be on a first come first serve basis. If you would like more information, please call Luke Clark at 541-888-9494 Ext. 20240 or Jane Metcalf at Ext. 20234.

Wapato: Coquille and CTCLUSI work together restoring wapato plant to local area

Tribal members and family working with the Coquille Culture Committee joined members of the Coos, Lower Umpqua and Siuslaw Indians for a day of planting wapato (aka arrowhead, arrowleaf, duck potato and Indian potato) at Tarheel Reservoir located on the Tribe's Reservation lands. This cooperative project is one of many both Tribes routinely undertake as part of ongoing efforts to educate people about the importance of indigenous plants to southwest Oregon tribes. Equally important was the opportunity to restore indigenous plant populations to the local area.

The name 'wapato' is the Chinook word for the plant. Lewis and Clark's journals mention wapato as a staple on the last leg of their expedition when they traded with Tribes living along the Columbia River.

A little more information on wapato was provided to the newsletter by the Culture Committee.

Wapato: Indian Potato. By John Kallas

Wapato (*Sagittaria latifolia*), is also known as arrowhead, arrowleaf, duck potato, and Indian potato. It is not known as arrowroot. *Sagittaria latifolia* and *Sagittaria cuneata* can be found in swamps all over North America. They both produce edible tubers. In the northwest, both the plant and the tubers it produces are referred to as wapato.

Wapato loves shallow ponds, swamps, slow moving streams, and the margins of quiet lakes. It requires a rich muck that is submerged in water for most or all of the year. In good conditions, wapato can grow in huge abundance.

Wapato is an herbaceous wetland plant. The leaves and flower stalk rise above the water. The leaves are arrow-shaped (sagittate). Leaf stems attach directly to the base of the plant like celery. The base is partially submerged in the muck, giving rise to the roots and rhizomes below.

Rhizomes are under ground stems that new plants can develop from. In this case, rhizomes produce tubers (starchy enlargements of the rhizome) at their tips. Even if detached from their rhizomes, the starch-filled tubers can grow new plants on their own. Potatoes also produce tubers on rhizomes.

Reports of wapato being as big as a man's fist are hard to verify.

History

As far as we can tell from historical records, wapato grew so prolifically, that it could be harvested like crops. Families



Jack Lenox along with Jesse Beers and Doc Slyter of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indian's replant wapato at Tarheel Lake during a joint-project conducted by the Culture Committee's of the respective Tribes. Photo provided by Julia Willis.

apparently claimed patches that guaranteed rights of harvest. While wapato grows all over the North American continent (and the world), it probably came to prominence in the northwest due to mild winters and great abundance of places to grow. Wapato was gathered in October and November.

While wapato was dug, gathered from muskrat nests, or pulled by hand from very soft shallow muck, the most commonly mentioned gathering method was reported by Lewis and Clark in 1806. They heard reports of Native women wading in water up to their chests or even necks, while using their feet, to release tubers from their stems. The tubers floated to the water's surface, were collected, and tossed into a special canoe.

Wapato is apparently of maximum size, dormant, and best collected from October through March. Since it was May, the tubers were no longer dormant, and hence, began growing new shoots (young wapato plants). Shoots were from one to eighteen inches long. I cut off the long shoots since my research found no accounts of their being used for food.

Wapato in the raw form is somewhat bitter, but not excruciatingly so. It has the texture of a raw potato, that is, solid throughout, and mildly grainy. The meat is cream colored with a yellowish tinge. When it is cut, the tuber bleeds a milky juice, and has the odor of bruised tomato plant. This juice just moistens the tuber, but does not drip from it. The juice does stick to the knife, or on the table that it rests on. The skin does not seem to be bitter, or at least is much less bitter than the meat.

Heat apparently destroys most of the bitterness. Once it is cooked, wapato tubers taste and feel pretty much like Idaho potatoes with a very slight tinge of bitterness and a pleasantly nutty flavor. When it is incorporated into any mixed dish, it yields the bitterness imperceptible. Take your favorite potato recipe and substitute wapato. Other than a nuttier flavor, no one will be the wiser.



IHS Scholarship Program

The Indian Health Service (IHS) has several scholarship programs available to Native American students. Information on these scholarship opportunities are available online at www.scholarship.ihs.gov and is now open for students planning to attend college beginning in Fall 2011. The deadline to apply for 2011 IHS scholarships is March 28, 2011. Tribal members can contact IHS Scholarship Coordinator Laurie Veitenheimer of the Portland Area Indian Health Service at (503) 414-5548; email: Laurie.Veitenheimer@ihs.gov

IHS offers three scholarships to qualified American Indian and Alaska Native candidates:

- **Preparatory Scholarship** — For qualified American Indian and Alaska Native students to enroll in preparatory or undergraduate prerequisite courses in preparation for entry to a health or allied health professions school.
- **Pre-Graduate Scholarship** — For qualified American Indian and Alaska Native students to enroll in coursework leading to a bachelor's degree required for application to medical, dental or podiatry school, and others as needed by Indian health programs.
- **Health Professions Scholarship** — For qualified American Indian and Alaska Native students applying to, accepted by or enrolled in a health or allied health professions program.

Indian Land Tenure Foundation Internships for Summer 2011

The Indian Land Tenure Foundation is looking to hire up to three current undergraduate or graduate students as interns: one for the spring semester and two for summer of 2011. The spring internship is a part-time position of approximately 5-10 hours a week and the summer internships are full-time positions over the course of 10-12 weeks.

All three internships are research-based and emphasize collecting, compiling and analyzing information about Indian land ownership in the U.S. These are excellent opportunities for any student with a background in Native American history and issues or who have a strong desire to learn.

For more information, visit the ILT web page at www.iltf.org/news/announcements

Summer Internships

Position 2: This position will research land ownership patterns and economic activity both regionally as well on a national scale. Interns will compile the research data into a searchable database to assist in future ILTF initiatives.

Position 3: This position will research and document raw data identifying various land ownership patterns of tribal lands by reservation. The research will entail the review of historic documents, maps and current records. (This is the same project as Position 1.)

The summer internships are full-time positions over the course of 10-12 weeks (400 hours). Beginning and ending dates are negotiable. Salary will be \$15.00 per hour with potential additional funds for living and relocation expenses. As temporary employees of the Foundation, interns are not eligible for employee benefits.

Intern Qualifications

Applicant must demonstrate professional communication and writing skills appropriate for a business environment. Background knowledge on Indian land history is not required, but a desire to understand the historic relations between tribes and governments is critical. Research, analysis and data collection experience is preferred, along with a basic understanding of Microsoft Office products. Must be willing to travel and interact in new or different environments socially and culturally.

Application deadline: **February 28, 2011**

Need help applying for a college? Program provides course on college application process for Native American high-school students.

College Horizons (<http://collegehorizons.org/index.php>) is a pre-college program for Native American high school sophomores and juniors. Each summer, students work with college admissions officers, college counselors, essay specialists, and other educators in a five-day "crash course" on the college application process.

The individualized program helps students:

- Select suitable colleges to research and apply to;
- Complete winning applications, resumes, and write memorable essays;
- Receive test-taking strategies, information, and resources on the ACT & SAT
- Navigate the financial aid/scholarship jungle, complete a preliminary FAFSA, and learn about the Gates Millennium Scholarship Fund;
- Develop relationships with admissions officers by attending our College Fair, informational sessions, and through one-on-one and small group class time;
- Receive tips and strategies on the application process and get advice on how to succeed in college as a Native student.
- Learn what turns an applicant into an admitted student!

Application Period: The 2010-2011 application period is open from October 1, 2010 - February 14, 2011. An application can be found online at <http://collegehorizons.org/index.php>.

Program Dates: College Horizons is proud to partner with Colorado State University and the University of Rochester - the host sites of the 2011 programs!

- Colorado State University (Fort Collins, CO) - June 12-17 (Sun-Fri)
- University of Rochester (Rochester, NY) - June 26 -- July 1 (Sun-Fri)

Each program is 6 days long (Sunday - Friday) and consists of 90 students. Students are required to participate for the entire program, late arrivals or early departures are not allowed. Students will rank their preference for sites but final placement will be determined by College Horizons.

Deadline: Applications must to be **postmarked** February 14 (note, only 1 deadline to apply by). Late applications are accepted on a space available basis and are placed behind applicants who applied on time.

OCF Vocational and Science Scholarships for Native American students

The Oregon Community Foundation annually awards \$6 million in scholarships and reaches 2,400 Oregon students through our statewide scholarship program. Two of these scholarship programs are targeted specifically to Native American students.

VERL AND DOROTHY MILLER NATIVE AMERICAN SCHOLARSHIP

Eligible students include Native American residents of Oregon attending or planning to attend an accredited trade/vocational school or community college in Oregon. Students must be planning to pursue a career in the technical or vocational fields. The awards are for \$1,500-\$3,000 / year - Students may apply and compete for the scholarship for up to four years.

HOWARD VOLLUM AMERICAN INDIAN SCHOLARSHIP

Eligible students include Native American residents of Clackamas, Multnomah, Washington and Clark counties seeking post-secondary education or training in science, technology, engineering or mathematics. The awards are for \$3,000 / year for up to five years of undergraduate study and two years of graduate study.

Criteria for both scholarships

* Participation in school or community activities

* Personal accomplishments or achievements

* Preference given to students who have a demonstrated commitment to and involvement in the Native American community

* Open to students with a Certification of tribal enrollment or decedents of enrolled members

* Students may apply at any point during their post-secondary career

How to Apply: Applications and instructions are available on OCF's Web site at <http://www.oregoncf.org/receive/scholarships/scholarship-opportunities>

Deadline: Scholarship applications are due March 1 for the next academic year.

For additional scholarship opportunities, please check www.getcollegefunds.org.

Tribe seeks certification for Coquille Forest

Forest Stewardship Council certification will verify long-term, sustainable management practices on Tribe's forest lands.

The Coquille Indian Tribe is close to receiving a certification from an independent organization dedicated to promoting responsible management of forests around the world. When received, certification from the Forest Stewardship Council (FSC) will endorse the Tribe's current management and help define best management practices for the future.

The FSC upholds a rigorous standard for managed forests and requires that timber harvest operations meet a host of criteria for sustainability. These criteria include long-term economic viability that does not impact the forest's ability to regenerate its resources, sound environmental policies assuring maintenance of the forest's biodiversity and productivity, and the assurance of long-term benefits to the local and regional community of the forest's resources. FSC works with people, businesses and organizations to help develop consensus solutions to promote responsible stewardship of the world's forests. Besides working with the Coquille Indian Tribe, FSC works with forest managers around the world from Malaysia to Brazil.

Approval from the FSC will come after a three year process of inventory, planning and documentation by the Tribe's Land, Resources and Environmental Services (LRES) department which is currently responsible for several programs dedicated to managing the Tribe's cultural and natural resources. As of mid-January, LRES is within a 90-day period to address documentation issues identified by the FSC. Following this period, it is expected that official certification will be received within six weeks.

The Coquille Forest is located in east Coos County. Totalling nearly 5,400 acres, the Forest is broken into 14 parcels, all bordering Bureau of Land Management lands. These parcels were once BLM lands which were transferred with the passing of the Coquille Forest Act in 1996.

According to LRES Director Tim Vredenburg, the Tribe is already managing its forests under a strict set of environmental rules. This is due to negotiations that took place between Congress and the Department of the Interior prior to the passing of the Coquille Forest Act. The parcels making up the Coquille Forest are managed under the same standards as the neighboring BLM lands. Therefore, they follow the

standards defined in the Northwest Forest Plan which governs the management of federal forest lands in Washington, Oregon and northern California. In addition, the Tribe follows the requirements of the National Indian Forest Resources Management Act, the federal law governing Indian forest management. The Coquille are the only Tribe currently managing its forests with these standards.

The Tribe's existing management practices and guidelines are believed to already comply within FSC's standards for certification. These requirements and policies are written into the Tribe's own Coquille Forest Resource Management Plan. The Tribe's planning document contains management direction from Federal requirements and provides the information, standards and guidelines adopted from the BLM's Coos Bay District management plan. The Coquille Forest Resources Management Plan also provides direction for the management of archaeological and cultural resources within the Coquille Forest. Direction for the management of these very important resources came from the Tribe itself including the Culture Committee, Cultural Resources Program and Tribal Council.

Of the Coquille Forest's 5,400 acres, only 2,300 acres (roughly 43%) is managed for commercial harvesting. The Tribe's foresters conduct regeneration harvests, where a percentage of trees of various ages within the timber unit are left uncut for their biological and environmental values, of stands 60 to 120 years old. In comparison, some companies harvest trees at age 40 to 50.

FSC certification will allow the Tribe to sell its timber to FSC certified saw mills. There are several such certified mills in the region including Herbert Lumber Co. located in Riddle, OR which has done business with the Tribe since the mid 90's. The process of FSC certified managed forests selling FSC certified timber products to FSC certified mills creates an unbroken "chain of custody" for these wood products. This confirms to customers the products they are buying is coming from well-managed sustainable forests.

A letter defining the Tribe's intention to seek certification of its management practices for the Coquille Forest is included in this month's newsletter.

Copies of the Coquille Forest Resource Management Plan are available through the LRES department and a copy is available for viewing at the CIT Library.

Commitment to Forest Stewardship Council Certification on Tribal Forest Lands

To: Tribal Membership, and all Staff
From: Ed Metcalf, Tribal Chairman
Date: December 15, 2010

The Coquille Indian Tribe has made the decision to certify the Coquille Forest as an environmentally sound and sustainable forest. The Tribe has chosen to use the Forest Stewardship Council (FSC) Certification process.

The FSC has worked very diligently to develop a set of guidelines that help insure the sustainability of forest resources for all future generations across the globe. These guidelines not only protect the environment, they also protect the future of many natural resources industries, and the future economies for the communities in which we live.

We believe that attaining FSC certification demonstrates the Coquille Indian Tribe's commitment to our environment, our lands, our customers, and the future well-being of our community. Therefore, the Coquille Indian Tribe is committed to achieving and maintaining FSC certification, by complying with all of the principles set forth in the FSC-US Forest Management Standard.

The standards and principles set forth by FSC will provide the Tribe with a set of Best Management Practices (BMP) to follow when harvesting timber from Coquille Forest lands. These BMPs provide a means by which the Tribe may recover value from the timber on the property while protecting the environment. Once the lands are certified, regular audits are conducted to insure compliance and maintain certification. The timber is then marketed to mills who achieve FSC or certification for their products produced from raw material and the supply chain continues all the way to the end user. The department of Lands Resources and Environmental Services will hold the responsibility for assuring compliance with all FSC standards and principles.

If you have any questions about the FSC certification process please contact Tim Vredenburg, Director of Land Resources and Environmental Services, or Jason Robison, Biological and Environmental Services Coordinator, at 541-756-0904.

Sincerely
Edward L. Metcalf
Chairman, Coquille Indian Tribe

CEDCO/The Mill Casino · Hotel job postings for January 24

One of the largest employers in Coos County, The Mill Casino · Hotel is committed to building a team of employees who provide Million\$ Service to our guests while working in a fun and friendly environment. We offer opportunities for training and advancement along with a competitive compensation and benefits package.

We encourage qualified Tribal Members and Spouses to take advantage of the personal growth and advancement possibilities that come with employment at The Mill Casino · Hotel and other CEDCO businesses. Ralph Richmond, our recruitment administrator, is available to answer questions and provide personal assistance to Tribal applicants at 756-8800 ext. 2292.

We currently are seeking applicants for the following positions (full-time unless noted otherwise).

Food & Beverage

Busser
Prep Cook (F/T. P/T)
Timbers Line Cook (P/T)

Hotel

Pool Attendant (P/T)

Marketing

Casino Host

RV Park

RV Park Agent (P/T)

Security

Security Officer (2)

Table Games

Floor Supervisor
Dual Rate Dealer
Multi-game Dealer (2)

Transportation

Shuttle Bus Driver (P/T)

Coquille Indian Tribe's ongoing conservation efforts profiled in study 'Fund' continued

Coquille is one of three Tribes profiled in study on climate change initiatives by Tribes in the United States.

For several years, the Coquille Indian Tribe has worked to change its work-related policies and develop new programs in an effort to reduce the impact of the Tribe's activities on the environment. Some of these activities include the development of recycling programs for all CIT departments, the use of vehicles running on alternative fuel by the Tribe's cranberry operations, and the installation of energy efficient light-bulbs in all of the Tribe's facilities.

In 2008, the Tribal Council established a Climate Change Committee to work on creating a Climate Change Action Plan that will help define and prioritize future initiatives and policy changes designed to reduce the Tribe's impact on the environment. Covering a wide range of potential changes and issues, the Climate Change Committee is working with CIT departments and programs, in particular programs whose focus is the management and preservation of the Tribe's natural and cultural resources, and with Tribal members on implementing and creating these policies.

The University of Oregon's Environmental Studies Program and the USDA Forest Service's Pacific NW Research Station are conducting an ongoing study of climate change initiatives being developed by Tribes in the United States; including the Coquille. The study aims to build understanding of the needs Tribes have when planning for the affects of climate change and reducing greenhouse gas emissions. The results of the study will be used to increase knowledge in tribal and non-tribal communities about these initiatives and the issues and challenges tribal communities face today and in the future regarding climate change.

As part of this study, three Tribes were featured in profiles on a web page dedicated to climate change issues. The profiles describe these Tribes' respective initiatives and summarizes the reasons climate change is a concern to them. The Coquille Indian Tribe is one of these Tribes. Printed below are excerpts from this profile and a summary of some of the Tribe's concerns over the effects of climate change on their resources. A link to viewing the entire profile on the Internet is printed at the end of this article.

Tribal Strategies to Address Climate Change

The Coquille Tribe is actively engaged in addressing climate change. Currently, the Tribe is focused on building capacity within the Tribal government to understand the impacts of climate change, engaging their community in climate change discourse, and strengthening collaboration and partnerships with non-tribal organizations within the region. The Tribe has committees in place to identify and investigate the issues, including the Climate Change Committee and the Emergency Preparedness and Disaster Mitigation Committee. The Tribe also has programs and procedures in place that will help in planning and preparation, including the following efforts:

- Planning for hazards and disasters through the Emergency Preparedness and Disaster Mitigation Committee, Housing Authority, Health Center and Elders Program; and the Community Center (a designated tsunami evacuation site). The Tribe is actively identifying strategies to address natural hazards, including developing plans, identifying escape routes, and mapping vulnerable populations.
- Pursuing strategies to increase Tribal land access and ownership, including co-management with the Bureau of Land Management of ancestral homelands currently under BLM ownership.

- Integrating long-term forest and natural resource management practices such as planting diverse species mixes that can tolerate a climate range, and restoring prairie, savanna and salmon habitat. The Tribe is addressing adaptive management of natural resources (reflected in forest management plans), including adapting forest species mix and promoting biodiversity. In addition, the Tribe is pursuing Forest Stewardship Council (FSC) Forest Management Certification as a commitment that its forest management is adaptive and sustainable in the long term on an environmental, social and economic level.
- Pursuing opportunities and strategies to expand, diversify and stabilize the local economy and the Tribe's revenue through financial and strategic planning.
- Developing a community garden at Kilkich Reservation, possibly expanding the Tribe's agricultural and food production.
- Incorporating waste reduction and recycling at Tribal offices, buildings and facilities, including the Mill Casino Hotel & RV Park and Heritage Place.
- Increasing energy efficiency and reducing greenhouse gas emissions through ongoing implementation of conservation measures and developing renewable energy facilities, which would utilize forest biomass.
- Considering climate change and sustainability in housing development and maintenance.
- Strengthening a sense of community and commitment to culture through coordination with the Southwest Oregon Research Project to understand climate change and reintroducing cultural traditions, including canoeing.

Key Concerns and Potential Impacts to the Coquille Tribe from Climate Change

- Temperature variation: Warmer--drought, species migration; Colder--reduced agricultural production
- Sea level rise--Inundate roads, bridges, cut off reservation; Impact homes, buildings, Mill Casino Hotel & RV
- Seasonal fluctuations--Affect pollination and growing season timing, including cranberry pollination and production; Affect salmon runs and subsistence fishing
- Extremes, variability--Increases risk of flooding, storm surges, droughts and wildfires
- Pests and disease--Affect cranberry, timber production and harvests; Spread Swiss Needle Cast fungus; Increase red tides, toxic algae
- Habitat changes, species shifting--Affect economic, cultural, and wildlife resources; Increase invasive species: wildlife predators, Gorse; Reduced ability to gather traditional and wild foods; Affect traditional knowledge and cultural food traditions: eels, clams, oysters, cockles, mussels, crab, salmon; Affect species mix, habitat characteristics; Impact fish runs - Humboldt squid, SF Sea Lions, Pelicans (which eat our fish and shellfish)

More information on the Coquille's profile at:
http://www4.nau.edu/tribalclimatechange/tribes/northwest_coquille.asp.

The Coquille Indian Tribe established the Community Fund in 2001 as a way to share profits from The Mill Casino with community organizations. Since its inception, the fund has distributed close to \$3.5 million to support charitable efforts throughout the region.

The Coquille Tribal Community Fund supports non-profit and governmental organizations with projects in the areas of education, health, public safety, problem gaming, environmental issues, arts and culture and historic preservation. Funds, derived from a percentage of revenues from The Mill Casino, are managed and distributed by a board of trustees comprised of community leaders, a gubernatorial appointee and representatives of the Coquille Indian Tribe and the Coquille Economic Development Corporation.

The fund reflects the commitment of the Coquille Indian Tribe to take a proactive, positive role in the well-being of the community. The Tribe is among the largest employers in Coos County, and, through the Coquille Economic Development Corporation, manages The Mill Casino • Hotel & RV Park along with business ventures in assisted living, organic cranberry farming and high-speed telecommunications.

For organizations wishing to be considered for the next round of funding, the deadline for applications is Aug. 31. For more information, visit the Fund Web site at www.coquilletribalfund.org.

The following is a partial list of grant recipients:

- Bandon Community Youth Center – for job skills development program.
- CASA of Lane County – for volunteer screening, training and supervision.
- Christian Help Food Bank – for snack pack program and food purchases.
- Community Emergency Resources & Vital Services – for food bank and children's school supplies.
- Coos Art Museum – for 2010 Biennial Student Art Exhibit.
- Coos Bay Police Dept. – for crime prevention program.
- Coos Bay Seventh Day Adventist Food Pantry – for food purchases.
- Coos County Friends of Public Health – for women's health service vouchers.
- Coos County Historical Society – for waterfront museum and plaza.
- Coos County Public Health – for exam vouchers for teens.
- Coos County RSVP – for mileage reimbursement for volunteers.
- Coquille Valley Art Association – for replacement kiln and improvements.
- Ecumenical Emergency Food Cupboard – for food purchases.
- Egyptian Theatre Preservation Assoc. – for stage lighting.
- Ellensburg Theater Company – for ADA compliance for new theater.
- Florence Food Share – for food purchases.
- Friends of South Slough Reserve – for the Aquaria project.
- Lower Umpqua Community Center – for new kitchen flooring.
- Music on the Bay –for stage roof and handicap access.
- Myrtle Point Senior Center – for window replacement.
- ORCCA-Share Bear Snack Pack program – for supplemental weekend food.
- ORCCA-South Coast Food Share – for transportation costs.
- Over the Rainbow, Inc. – for horse feed.
- Planned Parenthood of SW Oregon – for educational programs.
- Powers Food Pantry – for food purchases.
- Powers School District – for equipment for Native Species Center.
- Rogue Gallery & Art Center – for Drop in & Draw program.
- Rogue Valley Habitat for Humanity – for drywall and insulation for new home.
- Shelter Care – for prescription drug program for the homeless.
- SMART – to provide program to 34 children.
- South Coast Business Employment Corp. – for senior meals.
- Star of Hope Activity Center – for new equipment for Oregon Connection.
- Triangle Food Box – for food purchases.
- University of Oregon Museum of Natural History – for a compact storage system.
- Walter Graham Food Pantry – for food purchases.
- Women's Safety and Resource Center – for a sexual assault advocate.
- Zonta (Coos Bay area) – for the Little Red Schoolhouse Project.

February Birthdays

01	Ashlynn	14	Kiri Gilkey/Jacobs
	Bridgeman	15	Lillie Leyba
01	Raquel Ellsworth	15	Eric Metcalf
01	Emil Heihn	16	Dustin Garrett
01	Scott LaFevre	17	Sarraah Matheny
01	Nicholas Weeks	17	Melvin Summers
02	Gabriel Anderson	18	Drew Robertson
02	Amber Resendez	19	Kaylie Banks
03	Deborah Balderas	19	Mckinzie Beaudry
03	Cara Coimbra	20	Carole Gilkey
03	Donald Gilkey	20	Jonathan Hockema
03	Tessa Metcalf		
03	Jacqueline Perkins	20	Annette Sandberg
04	Marianne Cordes	21	Brent Anderson
04	Wesley Cordes	21	Shawn Heather
04	Eric Cordes	21	Donald Ivy
04	Bryce Turpin	21	Linda Robertson
05	Linda Beaver	21	Paul Tull
05	Rori Benson	22	Kitzen Branting
05	Fauna Doyle	22	Logan Hockema
05	Gloria Johnsen	22	Molly Hockema
05	Charis Niblett	22	Jerrie Reeder
05	Jesse Nix	23	Edward Metcalf
05	Dora Short	23	Jake Oliner
06	Rylee Lindsey	23	Andrea Saludes
06	Acacia Stinnett	24	Gladys Ivy
06	Jessica Tanner	24	William Metcalf
06	Jeffrey Wasson	24	Brianne Morris
07	Savannah Anderson	24	Christopher Severson
07	Makenzi Liles/ Logan	24	Timothy Severson
		25	Robert Bumgarner Jr.
07	Gregory Sandberg		
08	Layne Anderson	25	Caitlin DiBenedetto
08	Steven Cordes		
08	Marc Richards	26	Jack Lenox
09	Corrine Burnum	26	Veronica Sandoval
09	Kathleen Cirincione	26	Katie Simpson
		27	Chance Maude
09	Erin Mollier	27	Oliver Smith
09	Sharon Stora	27	Matthew Tull
09	Eric Summers	28	Catherine Anderson
09	Sara Welter		
10	Denise Hockema	28	Mersadiez Hargis
11	Juvenal Lara	28	Lucas Trosper
11	Derek Mollier	28	Heather Tull
11	William Murphy	29	Tamara Hawkins
13	James Ogier Jr.	29	Robert LaFollette
13	Lynn Sandberg		

Tax Help: Useful information for when you file your taxes and locations of tax-help centers you can visit to receive help filing your taxes FOR FREE!

GET MONEY BACK. DO YOUR TAXES FOR FREE!

Please note--Tax Assistance Services generally begin February 1!

Take the Credits and get money back.

Working families and persons with low or moderate income may qualify for various tax credits worth up to several thousand dollars. Even if you owe no tax you could get money back because some credits are refundable.

- **Federal Earned Income Credit:** File form 1040 or 1040 A, and Schedule EIC
- **Oregon Working Family Child Care Credits:** Fill out Schedule WFC on your state tax return
- **Oregon Earned Income Credit:** If you qualify for the federal credit, you can claim the state credit. It is six percent of the federal credit and is refundable.
- **Federal Child Tax Credit:** Fill out the IRS Form 8812 to see if you qualify.

Before you start, have these items with you!

- Your earned income in 2010 of less than \$58,000 and a valid e-mail address (if using www.thebeehive.org/ohcs).
- Your Social Security card or individual Taxpayer Identification Number for each person on the tax return
- Federal and State tax form packets
- W-2 forms from every employer
- Other forms and receipts, such as 1099s from your bank
- Child and dependent care information and receipts and provider's tax ID number
- Copies of last year's tax returns.

"TAX-AIDE" sites are all over Oregon.

When you visit a Tax-Aide site, an IRS Certified Volunteer will do your taxes and "e-file" them for you FREE of charge! E-filing speeds up your refund!

Find a Tax-Aide site close to you: Call 1-888-227-7669 (AARP NOW) or visit www.aarp.org/taxaide/

- (https://locator.aarp.org/vmis/sites/tax_aide_locator.jsp)
- (<http://www.cashoregon.org/about/aarp.htm>)

Call the IRS at 1-800-829-2040 Oregon Department of Revenue: 1-800-356-4222

Or you can do it yourself by visiting: www.thebeehive.org/ohcs

Local assistance is available! Get tax help in your community.

If you live in the following counties you can get additional help at these organizations:

Coos County:

Bandon Senior Center
12001 11th St. SW, Bandon
Tuesday & Saturday 9:30-11:30 Walk-in

Holy Name Catholic Church
12 N. Dean St., Coquille
Tuesday noon- 3 p.m. Walk-in

College Park Community Church
2548 Newmark St. North Bend
Mon., Tue., Fri., Sat 10-1 p.m. Walk-in

Curry County

Chetco Activity Center
550 Chetco Ln., Brookings
M-F 8:30-4 p.m.
Appointment only (541) 469-6822

Douglas County

Siuslaw Public Library
1460 9th St. Florence
Monday & Wednesday 10-2 p.m. Walk-in

Jackson County

Pioneer Hall in Lithia Park
73 Winburn Way, Ashland
Monday & Friday 9 a.m.--12 noon; Wednesday 9 a.m.-- 5 p.m.
Ashland Senior Program at 541- 488-5342.

Lane County

St. Vincent de Paul of Lane County, Inc.
705 S. Seneca
Eugene, OR 97402
541-687-5820

Five smart ways to use your Tax Refund

1. Build an emergency fund. It is important to have a chunk of cash (small or large) put away that you can get to within a few days. Emergency funds can be kept in your savings account!
2. Pay down debt. Worry about high-interest debt first, such as credit card bills
3. Contribute to your retirement account. No one wants to work forever-rebuild your retirement savings!
4. Save money for college. Extra money is a great way to invest in your child's future education plans.
5. Have a little fun. Spend a small portion on an activity for the entire family!

'Chair', continued

During this past year your Tribal Council has been actively involved in several state and federal organizations.

We serve on several state and federal committees and I spend a great deal of time in meetings with representatives from the nine recognized Oregon Tribes. By working with state, federal and local organizations we are able to communicate our concerns and effectively influence others on Tribal issues such as health, gaming, natural resource management and education to name a few.

Our entire Coquille Indian Tribal staff help play a key role in the overall well being of our Tribe. They come to work dedicated every day and have our interests in mind when they carry out their duties. As a Tribe full of exceptional people we are truly a wealthy nation because of the many diverse people that work for us.

Coquille Economic Development Corporation has spent many hours over the last year planning and looking towards the future. In the year to come there will be more planning both by the Coquille Indian Tribe and CEDCO working jointly to improve the lives of Tribal Members through economic development.

I want to thank the Tribal Members who are dedicated and serve on our Tribal committees and boards. You honor us with your teamwork, communications, and dedication to making life better for all Tribal members.

The Coquille Indian Tribe is pursuing certification for sustainable forest practices. This should eventually increase our forest product revenues.

As Tribal Council our goal is to provide the services and programs Tribal members need, while also providing the checks and balances to ensure the long-term sustainable health of all Tribal members. I am looking forward to another exciting year as I continually strive to lead the Council toward our goals of self-sufficiency while maintaining our Tribal sovereignty.

As your Tribal Council Chairman, please remember that my door is always open if you have questions or concerns at any time. Please remember that every voice counts and the Council depends on you to provide us with the information we need to best serve the needs of all Tribal members.

MEN'S RETREAT

The CITCHC will be hosting the Men's retreat in 2011. Over the last few years, Tribal members and spouses attending the Men's Retreat have gone to the Siletz Powwow, the Portland Art Museum, chartered a fishing trip, gone golfing and attended a NBA game.

We would like to gather some information on what you would like to do this year. Please let us know:

- a) Is there a specific place that you would like to go?
- b) Is there a specific event that you would like to attend?
- c) Would you rather have a longer retreat and fewer supported events or a shorter retreat and more sponsored events?

Please email your feedback to DrewAdams@coquilletribe.org or call 541-888-9494 or 1-800-344-8583, ext: 20217. Our initial plan, as to not interfere with other scheduled Coquille Events, is to hold the retreat in late August or early September. I look forward to hearing what you have to say. Thank you

3rd annual Gathering of Oregon's First Nations Powwow on Jan. 29 in Salem

The third annual Gathering of Oregon's First Nations Powwow is scheduled for noon to 9 p.m. Saturday, Jan. 29, at the Oregon State Fair & Expo Center's Salem Pavilion, 2330 17th St. N.E., Salem. Grand Entry at 1 p.m. Admission is free. Parking is \$3.

Master of ceremonies at the third annual powwow is Nick Sixkiller, arena director is Dietrich Peters and vendor coordinator is Mona Fisher, who can be reached at 800-922-1399, ext. 1230, 541-444-8230 or at monaf@ctsi.nsn.us.

The 2009 Gathering of Oregon's First Nations Powwow, organized cooperatively by the five federally-recognized Tribes in western Oregon, sought to remind Oregonians that Native peoples have lived in the lands that became the state of Oregon (Feb. 14, 1859) since time immemorial. The 2009 Powwow coincided with the Oregon's celebration of 150 years of state-hood.

The event includes men's, women's and youth Western Oregon style Tribes hat dances. Family dances will include mother/daughter and father/son, and there will be a veterans recognition honor dance. Other points of interest include Tribal educational booths, Native craft demonstrations, drumming, dancing and Tribal vendors. All craft items being sold were made by Native Americans.

Based on the success of the two previous powwows, organizers representing the five western Tribes – the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians, Coquille Indian Tribe, Cow Creek Band of Umpqua Tribe of Indians, Confederated Tribes of Grand Ronde and Confederated Tribes of Siletz – decided to hold a third event.

"As the five western Tribes worked together in the observance of the sesquicentennial, it was very clear that we all wanted the same thing," said Sue Shaffer, former chairwoman of the Cow Creek Tribe. She was appointed to lead the original western Tribes' effort by former Gov. Ted Kulongoski.

"We wanted to honor our homeland and be recognized as the sovereign governments that we are. I am honored to have chaired the effort and I am grateful for the input from all five Tribes working together and their constructive approach to getting the public education accomplished."

Cooking Class I Thursday, February 24, 2011



Learn simple ways to prepare healthy and delicious food for your family.

Whether new to cooking or a whiz in the kitchen, cooking classes will add flavor and variety to your meals. Classes are centered around hands-on experience with a fun group. Plus you'll get to enjoy the wonderful food you have prepared.

Come enjoy summer's bounty.

Tired of the same old recipes. Come to our cooking class and get some new ideas while meeting new people and having a good time. Ask the dietitian your nutrition questions in a non-threatening and relaxed environment. Teens are also welcome.

CLASS SIZE IS LIMITED
February 24, 2011
5:30 p.m.

Call for registration information and class location
541-888-9494, ex 20216