



Coquille Indian Housing Authority

Sea~Ha Runner

A fun and informative Newsletter for the Residents of the Kilkich Community

Volume 17, Issue 4
April 2014



4th Annual Renter Front Yard Makeover Drawing Winner

CIHA received nine entry forms for the Renter Front Yard Makeover Drawing this year.

The 4th annual drawing was announced in the February and March 2014 editions of the Sea~Ha Runner newsletter. Entry forms were mailed with the February edition of the newsletter; entry forms were also available in the CIHA office.

The entry forms were due to CIHA by Thursday, March 27th no later than 1:00 p.m.

On March 27th during the CIHA Board meeting, a Board member drew the winning entry.



to Ben and Crystal Pallas at 2616 Mexeye Loop; your entry was chosen.

Design for the new front yard at 2616 Mexeye Loop will begin within the next few months with a projected completion date later this fall.

Past Renter Front Yard Makeover units include:
2013 - 709 Jistajaya Court
2012 - 2664 Mexeye Loop
2011 - 711 Jistajaya Court

Thanks to everyone who entered the drawing!!



*In all things
of nature
there is something
of the marvelous.*

~Aristotle



To earn the maximum holiday credit of \$150, turn in ALL CIHA paperwork requests (annual recertification forms, update forms, and any other CIHA documentation requests), and pay rent in full and on time each month.

Holiday Credits - How Holiday Credits are Calculated

In past years, the CIHA Board of Commissioners has voted to award Kilkich residents a holiday credit on their December billing statement. The holiday credit has ranged from \$25 to \$150. Many residents rely on and look forward to this credit each year. To help you receive your maximum holiday credit this year, here is a reminder on how holiday credits are calculated. In order for a resident to receive the maximum holiday credit, the following list of compliances must be met 100 percent.

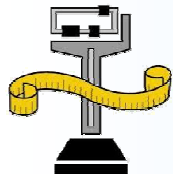
- 1. Housing payments made on time and in full each month**
- 2. Good annual inspection results (nothing beyond normal wear and tear)**
- 3. Annual and periodic update paperwork requests submitted on time and in full**
- 4. No neighbor complaints**

Any time one of these categories is not complied with, points are deducted and the holiday credit is reduced. The most common compliance issues are late or partial rent payments and required paperwork submitted late, incomplete, or not submitted at all. If you have any questions, contact Dale or Tracey at 541-888-6501.



Think and Get Thin! 8-Week Spring Weight Loss Challenge

Learn how to lose weight and keep it off by changing the way you think!
Do you feel out of control when it comes to food? Have you tried all the pills, diets,
and exercise programs only to put any lost weight back on again over time?



Register now for the 8-Week Spring Weight Loss Challenge
and receive your FREE Fast Food Nutrition Guide.

The Challenge kicks off on April 8th and will meet every two weeks
from 12:00 p.m. to 1:00 p.m. or 5:00 p.m. to 6:00 p.m.

There will be a drawing for a \$100 Safeway Nutrition Card.

The Challenge is open to all Coquille Tribal members and Kilkich residents age 18 and over.

For more information or to register, call Gail Accinelli at 541-888-9494, ext. 20216.



Community Garden Spots Are Still Available

A few garden beds are still available and will be assigned on a first-come, first-served basis. There is no charge to use the garden bed; the water is on an automatic timer. The gardener need only plant, harvest, and keep the bed weed free. Oh, and please don't harvest your neighbor's bounty.

Weather permitting, the beds will be ready to plant by May 1st.

If you are interested in gardening in the Kilkich community garden this summer, call CIHA at 541-888-6501.

Gently-Used Queen Size Mattresses Are Still Available

CIHA still has mattresses available. Tribal members, Kilkich residents, and CIHA program participants may sign up to receive a mattress. The mattress does NOT come with a box spring.

CIHA maintenance department will deliver mattresses to Kilkich residents, however, maintenance may not move or remove existing furniture. CIHA is unable to deliver mattresses to residences off of Tribal Lands.

If you are interested in a mattress, call CIHA at 541-888-6501.

Lawnmowers, Weed Eaters and Garden Equipment Available

Once the rain quits and the sun comes out, you may find yourself in need of yard equipment to deal with the grass that seems to have grown to new heights overnight.

CIHA has lawn mowers, weed eaters, a wheelbarrow, shovels, and rakes available for you to borrow.

These items are loaned out on a first-come, first-served basis. Contact Ken Myers at 541-297-3022 during normal office hours if you would like to borrow yard equipment.

Emergency Preparedness ~ Are You Ready?

As of March 28, 2014, the Pacific NW (Washington, Oregon, and Northern California), had experienced 122 earthquakes in the past month and 701 earthquakes in the past year, according to data presented on www.earthquaketrack.com. Luckily, the earthquakes were all of small magnitude.

Earthquakes are common and natural, and given that fact, it is important to be ready if an earthquake event on a much

larger scale should happen here on the south coast. Listed below are preparedness websites. In addition, the CIHA office has emergency preparedness/earthquake/tsunami brochures, handouts, maps, and other helpful information.



here on the south coast. Listed below are preparedness websites.

Prepare Today!

www.getreadyforflu.org
www.emergencycdc.gov
www.fema.gov

www.oregon.gov
www.ready.gov
www.redcross.org

Next KRA Meeting on April 14



KRA meets the 2nd Monday of every month at the CIHA office from 5:30 p.m. to 6:30 p.m.

All Kilkich residents are welcome and encouraged to attend.

Contact KRA Chair Rocky Doyle if you have any questions at 541-888-4910.



Rent Check Pickup Available

If you are an elder or a person with a disability and traveling to the CIHA office to make your monthly housing payment is difficult for you, contact CIHA at 541-888-6501 and a representative from the housing office will stop by and pick up your payment for you.

Numerous CIT Library Resources Available

There are a few things I'd like to highlight this month regarding the CIT Library. So please, let's begin.

The patron computer at the CIT Library has been used by several patrons in the last month as a means to take care of necessary business. This resource was used to help library visitors register for classes, search for tax documents (not fun, but a necessary part of life), and print documents related to submitting a job application.



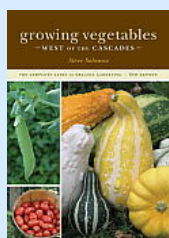
In situations where you are unable to access a computer with internet capability at home, don't forget the CIT Library has one available that could possibly help you with your needs.

The Library receives grant funding via a small annual grant from the Institute of Museum and Library Services (IMLS) for the purchase of new books and other materials. This funding amounts to roughly \$5,000 every year. Many of the new materials reviewed in previous Sea-Ha Runner articles were purchased with IMLS grant funding. If you know about an item you think would make a good addition to the CIT Library's collection, please contact me and make the suggestion.

You may not have noticed that the Tribe's web page drastically changed its appearance late last year. The design and look of the website is different, but the information on these pages is just as good as it has always been, if not better. The Library's web page can be found at www.coquilletribe.org/citlibrary.htm and contains a plethora, yes a plethora, of information related to southwest Oregon history, including links to several thesis works on the Coquille and other tribes of the Oregon Coast, Indigenous Oregon languages, and news publications of other Oregon tribes.

I have to laugh. As I wrote the last paragraph, I received an email with a link to an online resource on Oregon history that was NOT on the CIT Library web page. An online database called Historic Oregon Newspapers is accessible at www.oregonnews.uoregon.edu/about. Visit this page to search and access tens of thousands of digitized pages from historic Oregon newspapers; most dated between 1860 and 1922. This ongoing project is part of the Oregon Digital Newspaper Program and includes over 100 newspapers with more in the process of being added.

Going back to the Library and with a week of spring weather being replaced by wind and rain (oddly enough on the first full week of spring), I am reminded of the small collection of gardening books in the CIT Library. While a small collection, these materials focus on gardening west of the Cascades and on the Oregon coast. Perhaps the new, or veteran, gardeners in the Kilkich community garden would like to see if the Library has an extra resource they could use for their work. One of these books, Growing Vegetables



West of the Cascades, is in my personal collection at home and is as good a gardening resource as I've ever come by. Of course, in terms of gardening, I certainly have a lot of "growing" to do before I would ever call myself an expert.

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Please Drive Slowly and Watch for Children

Spring is here and the weather will soon be improving. Children will want to be outside playing and many times forget to be cautious when it comes to the roadways. Please watch for children at all times; obey the posted speed limits in all areas; and, drive defensively. Safety saves lives!



April Calendar

April Fool's Day	1
KRA Board Meeting at 5:30 p.m.	14
Income Tax Day	15
Easter Sunday	20
Earth Day	22
Arbor Day	25

April Fool's Day, while not a national holiday, is annually celebrated on April 1st in many countries around the world. There are many theories as to its origin.



Earth Day was founded in 1970 and is celebrated annually on April 22 on which events are held worldwide to support environmental protection.



Arbor Day originated on April 10, 1872 in Nebraska. It is a holiday when people are encouraged to plant and care for trees. Oregon's Arbor Day is the first full week in April. Oregon's state tree is the Douglas Fir.

2014 Ahh Shucks! Oyster Feed! at the OIMB in Charleston



The 2014 Ahh Shucks! Oyster Feed will be held Saturday, April 26th in the dining hall of the Oregon Institute of Marine Biology at 63466 Boast Basin Drive in Charleston from 12:00 p.m. to 4:00 p.m.

Oysters will be prepared in a variety of ways and served with dipping sauces, baked beans, coleslaw, bread, and drink (soda, coffee, or tea). Oyster meal cost is between \$10 and \$14 depending upon the number of oysters you order. Gourmet hot dog meals are also available for \$8 (adult) or \$5 (child). For more information, call 541-269-0215.

DreamSavers 3:1 IDA Savings Account Program Save Every Month Toward A Goal

NeighborhoodWorks Umpqua, formerly Umpqua CDC, provides the DreamSavers Individual Development Account (IDA) Program. The program encourages participants to build assets. The program encompasses 3 important branches of development: education, savings, and the purchase of an asset. DreamSavers allows eligible participants to save up to \$3000 over the course of 1 to 3 years; the savings is matched 3:1. It is like receiving 300% interest on your money. If you save the maximum amount of your own money, \$3,000, you will earn \$9,000 in interest – in 1 to 3 years! Your maximum contribution of \$3,000 becomes \$12,000 toward your goal! It is an amazing and lucrative IDA program!

Participants receive financial education and additional training and support specific to their savings goal so that when they reach their savings goal and are eligible to make a purchase, they are prepared.

To be eligible, you must be:

- 12 years of age or older
- An Oregon resident
- A member of a household that meets the income and net worth limits
- Interested in saving for one of the following 5 approved saving goals
 1. Start or expand a small business
 2. Technology to become more employable
 3. Higher education
 4. Home repairs
 5. First-time home buyer
- Willing and able to commit to making a monthly deposit for 1 to 3 years
- Living in one of the eligible counties of Coos, Crook, Curry, Deschutes, Douglas, Harney, Jackson, Jefferson, Josephine, Klamath, Lake, Lane, Linn, or Malheur



To find out if you are income eligible or for more information, call 541-673-4909, email DreamSavers@nwumpqua.org, or go to the website at www.nwumpqua.org