

# Sea~Ha Runner



A Fun and Informative Newsletter for the  
Residents of the Kilkich Community

Volume 13,  
Issue 1

## And The Holiday Decorating Gift Card Raffle Recipients Are . . .

The KRA Board of Directors voted to sponsor a Gift Card Raffle during the month of December. All homes with outdoor decorations displayed by the morning of December 17<sup>th</sup> were entered into the raffle for a \$50 gift card. The entries were drawn and the gift cards were awarded on Friday, December 18<sup>th</sup>.

The gift card recipients are:

- **Fidel & Jessica Garcia**
- **Gussie Lloyd**

- **Lonnie & Michelle Simpson**

*Congratulations!*

The Kilkich Community truly sparkled and shined this holiday season. It was a joy to drive through the Kilkich community and see all the beautiful and festive decorations.

**CONGRATULATIONS** to the raffle winners, and **THANK YOU** to all the participants for sharing your holiday spirit. 🎄🎄🎄🎄🎄

### January 2010 CIHA Calendar

New Year's Day Holiday  
CIHA Closed 1

CIHA Open Until  
6:00 PM 4-5

KRA Dinner Meeting  
at 5:30 PM 11

Martin Luther King Holiday  
CIHA Closed 18

CIHA Board Meeting  
at 4:00 PM 21

**FREE**



**2 Days  
Only**

**Monday**

**January 4**

**and**

**January 11**

If you would like your  
Christmas tree picked up, please:

- Remove all the decorations & the tree stand
- Set the Christmas tree out by the curb
- **THE TREES WILL ONLY BE PICKED UP ON**  
Monday, January 4<sup>th</sup> & Monday, January 11<sup>th</sup>

### *Holiday Decoration Reminder*

*Please remember to  
remove your holiday  
decorations within  
30 days following a  
holiday.*

*Thank You!*

## 2010 Telephone Changes

### New Cell Phone Law Effective January 1 , 2010

House Bill 2377 prohibits all drivers from using a mobile communication device while operating a motor vehicle. A mobile communication device is defined as "a text messaging device or a wireless, two-way communication device designed to receive and transmit voice or text communication".

Under the new law, if you are over the age of 18, you may use a wireless device if you are using a hands free accessory (Bluetooth headset) that allows you to keep both hands on the wheel while you are driving. Drivers that are under the age of 18 may not use a wireless device, in any case, except specific situations such as an emergency, farming, or agricultural operations.

There are exceptions for certain drivers, including those working in public safety and for others who are "operating a motor vehicle in the scope of the person's employment."

Please Drive Safely!

Coquille Tribal Police



## Mandatory 10-Digit Dialing begins January 10, 2010

To ensure a continuing supply of telephone numbers, the Oregon Public Utility Commission (OPUC) has approved the addition of the 458 area code to the geographic region served by 541 - this is called an Area Code Overlay. Because of the addition of the 458 area code, **all customers within the 541/458 geography will need to dial the correct area code followed by the 7-digit telephone number when dialing a 541 or 458 number when making local calls.** Additionally, local calls from some Oregon communities that border the states of California, Idaho, Nevada, and Washington will need to be dialed with the appropriate area code. **To reach 911, dial 911.** Long distance calls will remain the same. Callers need to dial 1 + area code + 7-digit telephone number whenever placing a long distance call from the 541 or 458 area code.

If you have any questions regarding this change,

please call 1-888-438-2427, or visit the Oregon Public Utility Commission (OPUC) website at:

[www.puc.state.or.us/PUC/541\\_area\\_code.shtml](http://www.puc.state.or.us/PUC/541_area_code.shtml)



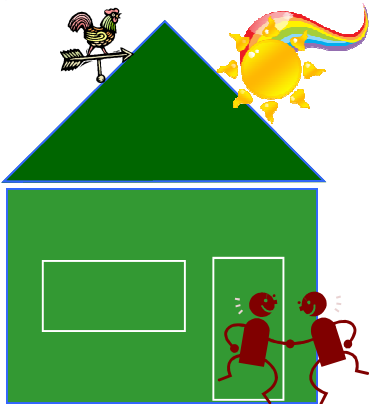
**The New Oregon 458 Area Code Will Share the Same Region as the Existing 541 Area Code. You will need to dial 10-digits (area code + 7-digit telephone number) for every local call beginning January 10, 2010. After this date, if you do not use the new dialing procedure, your call will not be completed, and a recording will instruct you to hang up and dial again using the area code.**



## Dumpsters Arriving on Tribal Lands

**January 15<sup>th</sup> - Dumpsters Arrive**  
**January 25<sup>th</sup> - Dumpsters Depart**

Please do not put appliances, chemicals, motor oil, recyclable material or any other questionable items in the dumpsters. **When in doubt, please call the CIHA office at 888-6501.** **FOR RECYCLABLES:** There is a recycling container located on the west end of the Community Center. You may use this container to recycle plastics, cans, paper, newspaper and magazines. **Please, NO GARBAGE or GLASS in the recyclable container, and only CLEAN recyclable containers and materials should be put in this container.** **Thank you for recycling!**



### RENT CHECK PICKUP

If you are an elder, a person with a disability or it is difficult for you to get to the Housing Office to drop off your rent payment, please call our office at 888-6501 to schedule a rent pick-up. We will be happy to stop by and pick up your payment for you!

## Low Income Energy Assistance Program Appointments (LIEAP)

Low Income Energy Assistance Program Appointments are still being scheduled. LIEAP is an assistance program designed to help low-income households with home heating costs. LIEAP is a once-a-year payment paid directly to your energy provider towards your heating costs for your home. If you haven't already signed up for energy assistance, please call the CIHA office today at 888-6501 and schedule your appointment. **Don't delay, call today!**



April 15<sup>th</sup> arrives sooner than you think, so it is never too early to start working on your taxes. Tax help, information and valuable resources are available on the Internal Revenue's website covering everything from free file, forms, publications, advocacy, frequently asked questions, e-file options, local Oregon office locations, and many other topics. For more information, log on to: **[www.irs.gov](http://www.irs.gov)**

## 100 Mile Club Walking Program

2010 Fitness  
Programs

**When:** January 4<sup>th</sup> - April 17<sup>th</sup>  
**Time:** Start at 5:00 PM  
**Where:** Meet the 1<sup>st</sup> & 3<sup>rd</sup> Thursday of each month at different locations  
**Eligibility:** Coquille Tribal Members, Kilkich Reservation Residents, and Coquille Tribal Employees

### Why Walk?

- ♦ Walking burns calories
- ♦ Walking is free and requires no special equipment (just a pair of walking shoes)
- ♦ Walking helps lower blood pressure
- ♦ Walking strengthens your heart and lungs
- ♦ Walking can be done anytime, anywhere
- ♦ Walking promotes better sleep and mental outlook
- ♦ And, did you know that every additional mile walked adds 20 minutes to your life?

*Please join us this  
New Year, put on  
your walking shoes,  
and walk your way  
to a healthier,  
happier you!*



For more information, please contact Dan or  
Luke at 888-9494, or  
email [krossman@uci.net](mailto:krossman@uci.net) or [lcclark@uci.net](mailto:lcclark@uci.net)



## Adult Yoga Class



**When:** Mondays and Wednesdays, January 11<sup>th</sup> - March 17<sup>th</sup>  
**Time:** 5:15 - 6:15 PM  
**Where:** Coquille Indian Tribe Community Center Gym  
**Eligibility:** Coquille Tribal Members, Kilkich Reservation Residents, and Coquille Tribal Employees

**Instructor:**  
Kristin Crusoe, RN  
(14 Years of Experience)

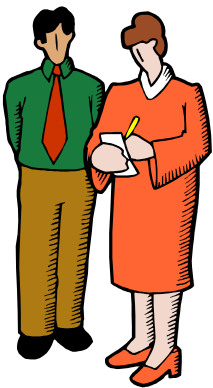
Please RSVP to  
Dan or Luke by  
calling 888-9494.  
Please bring a soft  
blanket to class.

*A class where mind  
and body make a  
connection through  
movement.*

# Coquille Indian Housing Authority will be offering testing for U.S. Census jobs January 12<sup>th</sup> and 26<sup>th</sup>, 2010.

**The U.S. Census Bureau is currently hiring Tribal  
Members age 18 and over to help with the 2010  
U.S. Census in Oregon.**

- **Students and Retirees are welcome**
- **Bilingual & Bicultural Jobs are available**



- ♦ Great Pay \$9 - \$15 per hour
- ♦ Full and Part-Time Positions
- ♦ Flexible Hours
- ♦ Mileage Reimbursement
- ♦ Paid Training



**If interested, please join us at the CIHA Office on  
Tuesday, January 12<sup>th</sup> or Tuesday, January 26<sup>th</sup> for skills  
testing conducted by the U.S. Census Bureau. Basic  
testing for all positions will be from 1:00 to 4:00 p.m.  
Practice tests available at the CIHA office or online at:  
<http://2010.census.gov/2010censusjobs/pdf/Practice Test.pdf>**

The Eugene Branch of the Census Bureau will gladly answer any questions you may have.  
**You may reach them at 541-225-9251 or call the US Census Bureau directly at 1-866-861-2010.**

Related Links: <http://www.census.gov/2010censusjobs/index.php>  
<http://www.nativebiz.com/content/view/1263/418/>

*Equal Opportunity Employer*

# Indian Country Counts

Indian Nations have a major role and a tremendous opportunity to ensure that all Native Americans are counted in the 2010 Census.

Obtaining a full count of all Native Americans is paramount to securing the maximum federal funding to support tribal and state programs that help our children, elders, and community members.

Additionally, the data obtained through the 2010 Census will provide us with knowledge about the demographic and economic make-up of our communities, allowing us to better plan for and justify the needs in tribal communities.

Fully documenting our population and demographics is another powerful way to underscore the important contribution that Indian Nations and Native Americans make to our country as a whole.

Alvin Warren, Cabinet Secretary Indian Affairs Dept., New Mexico ("Alvin Warren." Tribal Nation News, Denver Regional Census Center, October, 2008, 3.)

## The 2010 Census: A Call To Action

For tribes, the 2010 Census is all about power. It's the power that comes only when a statement is backed up by solid numbers from a reliable source. The purpose of the Census is to count every man, woman and child in the United States. The Census Bureau estimates that it will take the average household only about ten minutes to complete the form.

The U.S. Census of population and housing is conducted every 10 years. Tribes and tribal advocates are active users of Census data. The data is needed to develop an overall profile of the American Indian and Alaska Native population and to plan services for Native people at the community level.

Several major Indian programs distribute their funds to tribes and Alaska Native groups using formulas that contain Census data. Census numbers help provide funding to tribes.

Census data is used everywhere from fund-raising, advocacy power, community development, and economic power. Get-

ting the numbers right - insuring a complete and accurate count in the 2010 Census and other Census Bureau surveys - is essential to tribes and Alaska Native organizations. But the numbers won't be right if tribes, Native leaders and community members don't get involved in promoting the 2010 Census.

To identify yourself as an American Indian or Alaska Native, check the appropriate box on question 9. No proof of American Indian or Alaska Native status is required. There is also a blank line to print the name of your "Enrolled or Principal Tribe". This additional data will help insure you are counted in relation to your tribe.

Every answer to every question is strictly confidential. A person's identity on the Census form is not disclosed to anyone - not to the Police, not to the Housing Authority, not to any government agency or private organization—NO ONE!!

**THE CENSUS IS STRICTLY CONFIDENTIAL!!**

Every household will receive a short form

Census with 10 basic questions. In addition, some households will receive an ACS questionnaire with similar questions. The ACS (American Community Survey) is a questionnaire mailed to a sample of households across the country every month.

**IT IS VERY IMPORTANT TO RETURN BOTH QUESTIONNAIRES.**

Tribal planners, federal agencies, and other data users use the ACS to obtain detailed information on the social and economic status of the Native population and the housing in which it lives.

April 1, 2010, is Census Day. Please do your part and complete your Census when you receive it in the mail.

**For more information, log on to the Census website at:**

**[www.census.gov](http://www.census.gov)**

**Census Data Generates Tribal Funding**

## File a Tax Return to Claim the Benefits You Earned As Much As \$5,657- or More - Could Be Waiting For You!

### The Earned Income Credit and the Child Tax Credit: You Could Owe Less in Taxes and Get Cash Back from the IRS!

- If you worked in 2009 – full-time or part-time – you may qualify.
- Even if you don't owe income tax you can get the credits.

#### If You Had Children Living With You for More than Half of 2009:

- **For the EIC**, children must be under 19 in 2009.

(Full-time students can be under 24; children who are permanently and totally disabled can be any age.)

- **For the CTC**, children must be under 17 in 2009.

#### If You Did Not Have Children Living With You:

- You may claim **the EIC** if you were between ages 25 and 64 in 2009.

#### How Much Can I Earn? How Large a Tax Credit Can I Get?

For the EIC, if you have:	Earned Income less than:	Claim an EIC up to:
1 child	\$35,463	\$3,043
2 children	\$40,295	\$5,028
3 or more children	\$43,279	\$5,657
No children	\$13,440	\$457
For the CTC, if you have:	Earned more than:	Claim a CTC up to:
1 or more children	\$3,000	\$1,000 per child

*EIC Income limits for married workers are \$5,000 higher!*

#### What if I'm Not a U.S. Citizen?

**Immigrants who work and meet other guidelines may qualify.**

- **For the EIC:** worker, spouse and any child claimed needs a valid Social Security Number.
- **For the CTC:** either a Social Security Number or Individual Taxpayer Identification Number (ITIN) is needed.

#### File a Federal Tax Return to Get the EIC and CTC: Get Free Help!!!

- VITA – Volunteer Income Tax Assistance – helps people fill out tax returns for free.
- Trained community groups operate VITA. **For a site near you, call 1-800-906-9887.**

#### Also – Make Sure You Get Your Making Work Pay Credit – an extra \$400!

Many workers got the new Making Work Pay Credit in 2009 in their paychecks. But if you were self-employed, or didn't earn enough to have income tax withheld, you can claim this credit on your tax return.

#### If You Work, You Can Get These Tax Credits and Not Lose Other Public Benefits

EIC, CTC and Making Work Pay Credit refunds won't count as income when you apply for or renew benefits like Food Stamps (now called SNAP), SSI, Medicaid, cash assistance, or public housing. Some benefit programs may have a limit on how long you can keep your refund in a bank account.

# Employment Opportunities

## Oregon Coast Community Action New Job Openings

Housing Program Manager (Closes 1-4-10)

Resident Apartment Manager (Closes 1-4-10)

Route Driver On Call (Closes 1-4-10)

Early Head Start - Home Visitor (Closes 1-6-10)

Early Head Start - Family Advocate (Closes 1-6-10)

Full Day or Early Head Start—Teacher/Home Visitor (Closes 1-6-10)



For more information, log on to [www.orcca.us](http://www.orcca.us) or call  
ORCCA at 888-7014.

Applications and job descriptions are available online.



### Coquille Indian Housing Authority

2678 Mexeye Loop  
Coos Bay, OR 97420  
(541) 888-6501

or

(800) 988-6501  
Fax (541) 888-8266  
[daleherring@uci.net](mailto:daleherring@uci.net)  
[traceyroome@uci.net](mailto:traceyroome@uci.net)

Safeway is currently hiring. To fill out an employment application, log on to their website at [www.safeway.com](http://www.safeway.com)

The State of Oregon also has a job listing website. Log on to: [www.employment.oregon.gov/](http://www.employment.oregon.gov/)



## Martin Luther King, Jr. Day

*From Wikipedia, the free encyclopedia*

**Martin Luther King, Jr. Day** is a United States Holiday marking the birth date of the Reverend Martin Luther King, Jr., observed on the *third Monday of January each year*, around the time of King's birthday, January 15. It is one of four United States federal holidays to commemorate an individual person.

King was the chief spokesman of the non-violent civil rights movement, which successfully protested racial discrimination in federal and state law. He was assassinated in 1968.

The campaign for a federal holiday in King's honor began soon after his assassination. Ronald Reagan signed the holiday into law in 1983, and it was first observed in 1986. At first, some states resisted observing the holiday as such, giving it alternative names or combining it with other holidays. It was officially observed in all 50 states for the first time in 2006.

*"Faith is taking the  
first step, even  
when you don't  
see the whole  
staircase."*

~

*Martin Luther King, Jr.*