

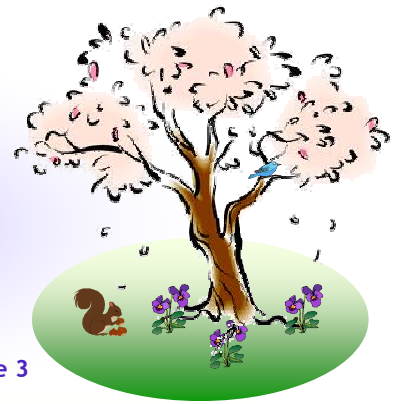
March 2013

Sea~Ha Runner

Coquille Indian Housing Authority

A fun and informative Newsletter
for the Residents of the Kilkich Community

Volume 16, Issue 3



Happy
Easter



March is Earthquake



and Tsunami



Awareness Month

EARTHQUAKES AND TSUNAMIS HAPPEN IN OREGON

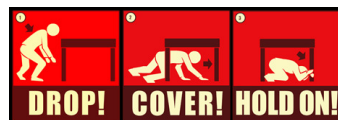
Oregon is in one of the most dangerous U.S. earthquake zones. Every year, Oregon has hundreds of earthquakes. Most of the earthquakes are too small to even feel, but once in a while an earthquake of significant magnitude takes place.

Large earthquakes have the potential to generate a local tsunami. Tsunamis are a series of destructive waves commonly caused by large submarine earthquakes. A tsunami is like a fast-rising flood tide, storm surge, or an advancing wall of water. The waves move faster than you can run. The first wave is not the largest nor the most dangerous, and surges may arrive 10 hours or more after the initial wave. Distant tsunamis, like the tsunami generated in 2011 by Japan's 8.9 magnitude earthquake, are equally as

dangerous as a local tsunami, and also pose a threat to our Pacific Coast. The Cascadia Subduction zone, about 50 miles off-shore under the Pacific Ocean, reaches from Northern California to British Columbia; it is more than 600 miles long. The Cascadia Subduction zone has a history of significant earthquakes every 400 years; the last recorded Cascadia earthquake was on January 26, 1700, with a magnitude of 8.7 - 9.2. Earthquakes occur when rock underground suddenly breaks along a fault. This sudden release of energy causes the seismic waves that make the ground shake.

KNOW WHAT TO DO

If you feel an earthquake,



If you are near the shore,
MOVE UP and IN - QUICKLY!

BE A SURVIVOR

- Have a disaster plan
- Have an emergency kit
- Plan an evacuation route

EMERGENCY PREPAREDNESS WEBSITES

The following websites are great resources providing up-to-date information and emergency preparedness guidance.

www.ready.gov
www.redcross.org
www.oregon.gov/OMD/OEM
www.emergency.cdc.gov

PLAN TODAY AND BE PREPARED

Planning ahead and being prepared is key to your family's survival in the event of a disaster. It could take days to weeks before emergency services are available and power, water, and communications are restored. **DON'T IGNORE** the possibility of a disaster; **BE PREPARED** for it when it happens.

March Calendar

Daylight Saving Time Begins	10
KRA Board Meeting at 5:30 p.m.	11
Needle Felting 101 6:00 p.m. - 8:00 p.m.	15
St. Patrick's Day	17
Spring Begins	20
CIHA Board Meeting at 3:30 p.m.	21
Good Friday	29
Easter	31

Rent Check Pickup

- Available for elders and person with disabilities
- A CIHA employee will stop by your home and pick up your rent check
- Call the CIHA office to schedule a pickup, 541-888-6501

LIHEAP

- Low-Income Home Energy Assistance Program appointments are still available
- Please call the CIHA office to schedule an appointment, 541-888-6501

Daylight Saving Time begins on Sunday, March 10th

Before you go to bed on Saturday night, March 9th, move your clocks one hour ahead. Sunday morning, you will wake up to the correct time.

When changing your clock to reflect DST, it is also a good idea to **change the batteries in your smoke alarm** and test it to ensure it is working properly.

Prevention Saves Lives



Coquille Indian Housing Authority 3rd Annual Renter Front Yard Makeover Drawing



The winner will participate in the design and installation of their new front yard.

If you rent a home in the Kilrich community, you are eligible to enter the *3rd Annual Renter Front Yard Makeover Drawing*.

- ♦ There is no cost to enter
- ♦ One entry per household
- ♦ Winner will be chosen by random drawing at the April 25th CIHA Board meeting
- ♦ Prize is valued at up to \$2 per square foot
- ♦ To be eligible, renter agrees to perform the required maintenance after landscape installation in accordance with Section 6(K) of their Rental Lease Agreement

Winner will participate in the design and installation of their new front lawn with a focus on easy maintenance, low-water landscaping, and the incorporation of indigenous plants and materials.

The winner will NOT:

- ♦ Be eligible to participate in the next two CIHA Landscaping Contests held each year in June
- ♦ Be eligible to enter the Renter Front Yard Makeover Drawing again for the duration of their tenancy at their current address

The winner will be notified by telephone or mail and will also be announced in the May edition of the Sea-Ha Runner.

Please contact CIHA, 541-888-6501, if you have any questions.

Entry forms are available at the CIHA office.

Previous Renter Front Yard Makeover Drawing Winners:

2012 Drawing - 2664 Mexeye Loop

2011 Drawing - 711 Jistajaya Court



FREE Yoga Class



The Tribal Community Center will be offering a FREE weekly Yoga class beginning on Thursday, March 7th.

Relax, rejuvenate, and exercise with a weekly yoga class.

Dates: Thursdays, March 7 - April 25

Time: 5:15 p.m. - 6:15 p.m.

Where: Tribal Community Center Gym

Bring: A yoga mat or blanket

Wear: Comfortable clothing

If interested in the class, contact Luke at 541-888-9494, ext. 20240 or email Luke at lukeclark@coquilletribe.org.



FREE Needle Felting 101 Class



Sarah Garland's March craft class features learning the basics of needle felting. Learn to create adorable, cozy works of art with needles and wool. Once you learn the basics of needle felting, the possibilities are endless.

This class is for crafters age 10+ as this technique requires dexterity and the use of sharp tools.

Class size is limited to 10 people; register early.

Date: Friday, March 15

Time: 6:00 p.m. - class may run 2 + hours

Where: Will be disclosed upon registration



If interested in the class, contact Sarah at 541-217-1850 or email

Sarah at sarahgarland@coquilletribe.org.

Restoration Celebration Gathering Event - Community Clam Dig on March 2nd

If you would like to participate in this year's clam dig, please come to the Tribal Community Plankhouse on March 2nd. Clams are being harvested in preparation for the annual Tribal Restoration Celebration. After gathering at 8:30 a.m., the group will head out to dig clams. Once the shellfish limit has been reached, the group will return to the Plankhouse to process the clams. Don't worry if you have not dug or processed clams before; experienced people will be on hand and available to help you. Lunch will be provided.

Date: Saturday, March 2 **Time:** 8:30 a.m.

Where: Tribal Community Plankhouse

Bring: A shovel, a 5-gallon bucket, and your shellfish license if you are over the age of 14

Wear: Rubber boots and warm clothing (raingear if it is raining)

RSVP: to Sarah Garland at 541-217-1850 or email Sarah at sarahgarland@coquilletribe.org.

PLEASE NOTE: Anyone under 18 years of age **MUST** be accompanied by an adult.

CIT Library Lists Web Links to Informative Tribal News and Laws

This is a relatively short article this month. Some of the links included in this article are available on the CIT Library's web page: <http://www.coquilletribe.org/coquille-indian-tribe-library.htm>

The Tribe's Legal Department keeps an updated page on the Coquille Indian Tribe's Constitution and Ordinances: <http://www.coquilletribe.org/coquille-indian-tribe-legal-services-department.htm>

The Native American Rights Fund on-line National Indian Law Library provides convenient Internet access to the codes, constitutions, and intergovernmental agreements of over 90 tribes. In addition to online access to these tribes' documents, over 200 other tribes provide their resources in print form. The Coquille Tribe and the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians have their documents online here: <http://www.narf.org/nill/atlp/index.htm>

The Coquille Indian Tribe Restoration Act is available on the NARF page at: http://www.narf.org/nill/Codes/coquillecode/1_Restoration_Act.pdf

The Western Oregon Termination Act is probably not anyone's favorite piece of writing. It is available in print at the CIT Library. This document is part of a huge collection of Indian Laws and Treaties compiled by Charles Kappler on a page supported by Oklahoma State University Library at: <http://digital.library.okstate.edu/kappler/index.htm>

The Western Oregon Termination Act is located at: http://digital.library.okstate.edu/kappler/vol6/html_files/v6p0641.html#mn3

Indianz.com is a clearinghouse of news related to Indian Country with sections for special interests including the Cobell lawsuit, Canadian First Nations, Indian Gaming, and several others. If you want to read about the Senate Indian Affairs Committee holding its first meeting of the 133rd Congress and then switch to editorials on the potential impact federal budget cuts will have on Tribes, then visit: <http://www.indianz.com>

Two popular newspapers from "Indian Country" are appropriately named. One, News From Indian Country, is an tribally-owned and independent newspaper and media group based in the Lac Courte Oreilles Ojibwe Reservation in Northern Wisconsin. News From Indian Country is online at: <http://www.indiancountrynews.com>

Indian Country Today is part of the Today Media Network and is another major, tribally-owned and independent newspaper. Check out their political cartoons at: <http://indiancountrytodaymedianetwork.com/>

Submitted by Chris Tanner, CIT Librarian, 541-756-0904, ext. 10218, christanner@coquilletribe.org



Spring Begins Wednesday, March 20th - Lawn Mowers Available

Daffodils are blooming and the grass has started growing. It will soon be time to take advantage of the sunny days to mow your lawn and weedeat your yard.

CIHA has lawn care equipment available for you to borrow, such as weed eaters, lawn mowers, a wheel barrow, a square shovel and a round shovel, to help you with your lawn maintenance.

To make arrangements to borrow any of these items, please call Kyle Simpson, CIHA Maintenance Technician, during regular business hours at 541-217-0555.

Coquille Indian Housing Authority

2678 Mexeye Loop
Coos Bay, OR 97420

(Phone) 541-888-6501
(Phone) 800-988-6501
(Fax) 541-888-8266



daleherring@coquilleiha.org
traceymueller@coquilleiha.org

FREE Tax Preparation Cancelled

The FREE income tax preparation scheduled for Saturday, March 9th at the Tribal Community Center, which was being offered by the University of Oregon law students, **HAS BEEN CANCELLED.**

The IRS will not extend liability coverage to the law students.

Locations, dates, and times of other free income tax services available in our community are listed below.

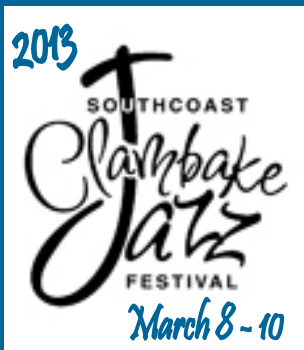
FREE Tax Help & E-Filing AARP Tax Aide Program for anyone with low and moderate income Come to any Tax-Aide location and bring:

- Photo ID
- Social Security card
- 2011 tax returns
- 2012 tax information

Schedule for February 1 through April 15, 2013

Bandon Bandon Senior Center 1200 11 th Street SW	Tuesday & Saturday 9:30 a.m. - 11:30 a.m. Walk - In
Brookings Chetco Activity Center 550 Chetco Lane	Mon., Tues., Wed., Thurs., & Fri. 8:30 a.m. - 4:00 p.m. Appt. Only 541-469-6822
Coquille Holy Name Catholic Church 12 N Dean Street	Tues. 12:00 p.m. - 3:00 p.m. Sat. 02/02 & 02/09 ONLY 10:00 a.m. - 12:00 p.m. Walk - In
Florence Siuslaw Public Library 1460 9 th Street	Monday & Wednesday 10:00 a.m. - 2:00 p.m. Walk - In
Lakeside Lakeside Lions Club 890 Bowron Road	Thursday 1:00 p.m. - 3:00 p.m. Walk - In
North Bend College Park Community Church 2548 Newmark Avenue	Mon., Tues., Fri., & Sat. 9:00 a.m. - 1:00 p.m. Walk - In

For more information, call RSVP (Retired and Senior Volunteer Program) at 541-888-7332.



www.clambakejazz.org

24th Annual South Coast Clambake Jazz Festival March 8, 9, and 10

Bands from Oregon, California, and Idaho have been invited to play, as well as the local South Coast bands.

Music Venues are The Mill Casino · Hotel and The Red Lion Hotel.

For more information, contact the South Coast Clambake Jazz Festival at 541-269-0112.

Help Stop Crime In Your Community!

While the Kilchick Community is a safe place to live, that doesn't mean that crime is non-existent. Crime happens even in the best neighborhoods and communities. Be proactive in keeping your home and property safe; keep your doors, windows, and vehicles locked. The best crime deterrent is PREVENTION! If you see suspicious activity or have information regarding criminal activity, please contact the Tribal police at 541-888-0189 or call Tribal police dispatch at 541-269-8911. Thank you for doing your part to help keep the Kilchick community safe!



Fertilize Your Mind 12th Annual Garden Seminar

The "Dirt" on Backyard Gardening
Hales Center on the SWOCC Campus
Saturday, March 30th from 9am - 4pm

Fertilize Your Mind is a day-long seminar offering practical, hands-on learning for home gardeners. Whether you are an experienced or novice gardener, new to the area or have lived here for decades, you can find plenty of ideas to make gardening easier, more enjoyable, and more successful.

- ♦ Ten experienced and practical speakers will present classes covering a wide range of horticultural interests
- ♦ Information-packed vendor displays are available for perusal all day
- ♦ Non-refundable registration fee is \$25
Includes keynote speech, educational lectures, and access to displays.
LUNCH IS NOT SERVED;
coffee, tea, and water are provided.

The seminar is sponsored by OSU Extension Service and Coos County Master Gardeners. For sign-up or additional information, contact the OSU Extension Office at 541-572-5263, ext. 295 or by email: Coos.MasterGardener@oregonstate.edu