Coquille Indian Housing Authority



MAY 2011 VOLUME 14, ISSUE 5



### Sea-Ha Runner

A Fun and Informative Newsletter for the Residents of the Kilkich Community

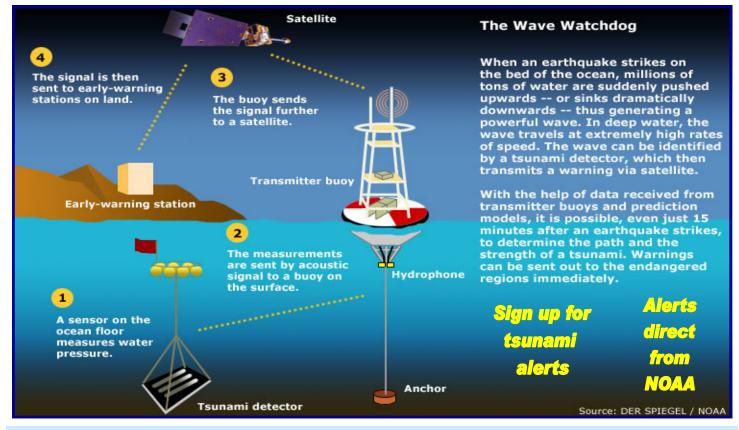


#### "FREE" TSUNAMI WARNING ALERT

NOAA's National Weather Service offers FREE SMS/text message and email weather alerts. This service sends a text message to your cell phone and/or your email address alerting you of potential tsunamis, as well as other hazardous weather events. Signing up is quick and easy; you can unsubscribe at any time.



The web address is: https://public.govdelivery.com/accounts/USNWS/subscriber/new/



If you have a Smartphone, iTunes offers "The Pacific Tsunami & Earthquake Tracker" for a one-time fee of 99¢. This application is an enhanced tsunami and earthquake alert. This is the only available app in the iTunes App Store which also contains Pacific region EMERGENCY numbers; it allows you to make fast emergency calls. This app gets alerts directly from the NOAA web page and contains tsunami and earthquake warnings and locations.

The web address is: http://itunes.apple.com/us/app/tsunami-tracker/id425911787?mt=8



### CIHA Annual Landscaping Contest

Garden season will soon be here and The judges will be interested in your so will the annual CIHA Landscaping creative style, landscaping theme, Contest. The landscaping contest will and unique gardening personality. be held again this year in June; prizes Feel free to be as creative or subtle and categories will mimic last year's as you would like. Some of the plants contest, which includes an honorable and flowers the judges will be looking mention category.

Homeowners and renters will be judged individually. Within the homeowner and renter categories, the front yard and back yard will be judged separately. The prizes will be awarded as follows:

> **Homeowner Front Yard** 1st, 2nd, and 3rd prize

> **Homeowner Back Yard** 1st, 2nd, and 3rd prize

> **Renter Front Yard** 1st, 2nd, and 3rd prize

> Renter Back Yard 1st, 2nd, and 3rd prize

1st Prize =



Are

Prizes

2nd Prize =



Wal-Mart Gift Cards

3rd Prize =



Honorable Mention(s) winners will be awarded a certificate.





for include:

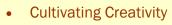




- **Perennials**
- **Hanging Plants**
- Raised Beds
- **Trellises**
- **Arbors**
- Salmon-Colored Plants







Don't underestimate your gardening skills. The judges are members of the local Master Gardeners club and they are interested in ALL KINDS OF GARDENING, everything from simple to spectacular. The judges are always impressed by the distinctive ideas and gardening efforts of the Kilkich residents. All residents are encouraged to participate and be a part of beautifying Tribal lands in time for the Tribe's 22<sup>nd</sup> Annual Restoration Celebration. June 24th – 26th.

Good Luck to all Gardeners!



The judges from the Master Gardeners Club will be here during the week of June 20th to judge the landscaping.



If you DO NOT want your yard judged, please contact Tracey at the CIHA office. 541-888-6501. no later than Friday, June 17th.

The judges will be going from yard to yard to judge the landscaping. Please be sure to notify CIHA if you:

- DO NOT want your yard judged
- Want only your front yard judged
- Want only your back yard judged

Also, if you have a dog outside, please be sure the dog is tied up or kenneled.







### Kilkich Residents Association Meeting

The May Kilkich Residents Association meeting will be held on Monday, May 9th at 6:00 p.m. Dinner is served before the meeting at 5:30 p.m.

All Kilkich residents are welcome and encouraged to attend. The one-hour meeting covers community concerns, upcoming events, and general community information. Please join your friends and neighbors at the next KRA meeting.

Monday, May 9 at 6:00 p.m.

Rent Check Pickup If you are an elder or a person

with a disability and it is difficult for you to come to the CIHA office to make your housing payment, please call the housing office at 541-888-6501. CIHA would be happy to have a staff member stop by your house and pick up your payment.

### Kilkich Community Garden

Do you like to garden? Are you interested in growing your own vegetables? Would you like to have your own garden plot at the Kilkich community garden?

The community garden is open to all Kilkich community members. The garden plots will be assigned on a first come, first served basis. If you are interested in a garden plot, please contact the CIHA office at 541-888-6501 by May 15, 2011. Your name will be put on a list and you will be contacted when the garden is ready for the 2011 season.

Once you have been assigned your garden plot, you may begin utilizing it. All planting, fertilizing, weeding, harvesting, and plot maintenance is the responsibility of the gardener. Watering for the garden will be set on a timer. If you have any specific garden questions, please contact Lyman Meade at 541-888-6501.



# CIHA has lawn equipment you may borrow



CIHA has lawn mowers, a weed eater, a lawn rake, a wheel barrow, and shovels available for the residents in the Kilkich community to borrow. The equipment is on a first come, first served basis and is typically loaned out for an afternoon or 24 hours.

If you would like to borrow any of the equipment, please contact Ken Myers, CIHA Maintenance Technician at 541-297-3022.



# THE COQUILLE INDIAN TRIBE PEACEGIVING COURT INVITES YOU TO

# PEACEGIVING IN OUR COMMUNITY



- Discussion
- Demonstration
- Video



WITH
SPAGHETTI FEED
AND
DOOR PRIZES

Thursday, May 19th at 5:30 p.m. Coquille Indian Tribe Community Center

Questions - call 541-756-0904, x 10205

Door prizes provided by the Coquille Indian Housing Authority

### **Planning on Gardening or Hiking?**

### The Library may have just the information you need

Submitted by: Chris Tanner, Librarian 541-756-0904, ext. 10218 christanner@coquilletribe.org

Enjoy the sun while you can. If you do that by gardening or hiking, the Library might have something to help you out.

Spring is slowly showing itself with longer days, warmer temperatures and, at least for the last two days, the emergence of the sun. Of course, it is still raining and there is still frost on the roofs, but the signs are there that warmer days are ahead. Even with the wind, it is still a good thing.

So maybe curling up with a book is not the priority at this time. Maybe you are thinking of visiting Sunset Bay and hiking the trails there or maybe it is time to start gardening (judging from the number of landscaped houses I see when I walk around the community, this is what many of the residents living here are doing). Believe it or not, the Library has some materials that might help you out.

<u>100 Best Plants for the Coastal Garden:</u> As the title suggests, this book is a guide to the 100 best plants to grow if you live on the Pacific Northwest coast. It includes descriptions of 100 plants plus reference tables, growing and care techniques and even recommendations for shopping wisely at garden centers. These plants are not necessarily native to the Pacific Northwest; they were selected for having at least one outstanding quality such as a colorful bloom and their ability to thrive in the local climate.

<u>Propagation of Pacific Northwest Native Plants:</u> This is a similar book but as the title suggests (again!) it is specific to native plants. This title is designed for both home gardeners and nursery professionals and gives comprehensive information on how to best grow nearly 140 different native plants. No doubt a few of these selections can be seen around the Kilkich community in places like the Cultural Garden and gazebo across the street from the Health Center.

120 Hikes on the Oregon Coast: OK, if you want to go on a nature hike, you can simply walk up the road past the Plankhouse or use the trails behind the Community Center that wind around Tarheel Reservoir. Venture out a little further and with less than a ten-minute drive you can visit either Sunset Bay or the South Slough Reserve. In 30 minutes you can reach Bullards State Park or Seven Devils Wayside; both are south of the Kilkich community and can be accessed by taking Seven Devils Road. Gee, who would have thought a place called Seven Devils Wayside would be accessed by taking a road with the same name? As you can imagine, this guide describes in detail these parks and the hikes available in these areas as well as 100 more located on the Oregon Coast. The book lists these hikes by geographic region and the section covering the southwest Oregon coast has over 30 excursions ranging from easy one-mile hikes to all day treks. You don't have to hike to enjoy these spots. You can have a picnic lunch and enjoy the view.



### SUMMER FOOD SERVICE PROGRAM 2011 PUBLIC RELEASE

The Coquille Indian Tribe announces the sponsorship of the Summer Food Program for eligible applicants at the Tribal Community Center.

Breakfasts and lunches will be made available Monday through Thursday free to all children residing on the reservation 18 years of age and under.

Meals will be served at the Tribal Community Center beginning on June 20, 2011.

Adult meals are \$1.00; if you would like to volunteer to help out, your meal is FREE.

The U.S. Department of Agriculture (USDA) and the State of Oregon prohibit discrimination in all USDA programs and activities on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights,

1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call, toll free 800-795-3272 (voice) or 202-720-6382 (TTY). USDA, the State of Oregon, and the Coquille Indian Tribe are equal opportunity providers and employers.

If you have questions or would like to volunteer to help monitor meals, please contact Jane Metcalf, Sandi Belletto, Laura Angulo, or Sue Duvall at 541-888-9494.



## **Safeway is hiring ...**Your Future Otente Novel

Your Future Starts Now!

Apply online today

www.safeway.com

Are you interested in a Career with a Dynamic Fortune 100 Company?

The Coos Bay and North Bend Safeway stores are anticipating **OVER 30 JOB OPENINGS DURING THE NEXT TWO MONTHS.** If you are looking for a job or interested in changing careers, please apply either online at **www.safeway.com** or at the **kiosk located inside the Safeway stores**. After you complete the job application, please **email your resume to Laura.Vinson@safeway.com** 

Safeway will be hosting a career fair on May 5<sup>th</sup> from 1:00 p.m. - 5:00 p.m. and May 6<sup>th</sup> from 8:00 a.m. - 12:00 p.m. at the North Bend Oregon Employment Department. Safeway representatives will be available to conduct onsite interviews both days. If you would like an interview, you must apply to Safeway <u>BEFORE</u> arriving to sign up for an interview slot and have submitted your resume to Laura.Vinson@safeway.com. If you have any questions, please contact Laura Vinson at 541-683-6308 or email her at Laura.Vinson@safeway.com.



## Energy Trust to offer FREE energy-saving devices of Oregon to all Kilkich homes, June 8 - 9!

Energy Trust of Oregon representatives will be on Tribal lands June 8<sup>th</sup> and June 9<sup>th</sup> to offer and install FREE compact fluorescent light bulbs (CFL's), faucet aerators, and water-efficient shower-heads for any resident interested in the FREE energy-saving products. Accompanied by a CIHA staff member, the representatives will visit each home to perform the installations. The existing items that are replaced with the energy-efficient products will remain with the resident (light bulbs and showerheads).

It is estimated that the average home will save over \$60 a year in energy costs by using these energy-efficient products.

- Efficient showerheads help you save money without compromising on comfort. Changing out
  just one showerhead can save over 280 kWh per household annually; using less water means
  your hot water will last longer.
- ENERGY STAR® qualified compact fluorescent light bulbs, or CFLs, use 75% less energy than standard bulbs; they last up to 10 times longer (or up to seven years, depending on daily use); and can save up to \$30 during its lifetime all while producing natural-looking light.
- High-performance faucet aerators save on water heating costs and use up to 20% less water compared to standard fixtures without reducing water pressure.

#### Start saving energy today by practicing these energy-saving habits:

- 1. Unplug battery chargers for power tools, mobile phones, laptops and other devices when not in use.
- 2. Use a Kill A Watt® energy monitor to see where you can cut your electricity use further CIHA has a monitor that you may borrow.
- 3. Turn off lights when not needed.
- 4. Use a countertop convection, microwave, or smaller electric appliance instead of a full-size stove whenever possible.
- 5. Turn down the thermostat to 65° 68° during the day and 58° 60° at night during cooler months. If you have a heat pump, turn the thermostat down no more than ten degrees at night.
- 6. Wash and rinse laundry with cold water. To save more energy and water, run full loads.
- 7. Use the water-saver washing and energy-saver drying options on your dishwasher.
- 8. Check to make sure refrigerator and freezer gaskets seal tightly.
- 9. Clean lint filters after drying each load of clothes; this also reduces the risk of a fire.

If you would like more energy-saving information, log on to:

http://energytrust.org/residential/free-your-home/

If you are <u>NOT</u> interested in receiving the FREE energy-efficient products, please contact CIHA at 541-888-6501 <u>BEFORE</u> June 8, 2011.

Farmer's Market

Every Wednesday



9:00 a.m. until 3:00 p.m.



### On Central Avenue in downtown Coos Bay

Ahhh...at last, a sure sign that summer is on the way. The local Farmer's Market opens Wednesday, May 4th and will run through the end of October.

The market features fresh fruits and vegetables, homemade jams, jellies, and candies, handmade arts and crafts, fresh floral, and a variety of other unique items.

If you have questions or are interested in being a vendor, please call 541-808-2135 or log on to www.coosbaydowntown.org.

Vendor information, application, guidelines, and rules are listed on the website.

#### **CIHA CALENDAR**

Board and Staff Training CIHA Closed	6
Mother's Day	8
KRA Dinner Meeting at 5:30 p.m.	9
Peacegiving Court Outreach Event at the Community Center at 5:30 p.m.	19
CIHA Board Meeting at 4:00 p.m.	26
CIHA Closed	27
Memorial Day Holiday CIHA Closed	3 0

### Please Drive Slowly

Speed Limit **15 MPH** 







A number of residents have submitted formal complaints regarding people driving too fast throughout the Kilkich community. PLEASE obey the posted 15 MPH speed limit. With the longer days and nicer weather, families are active outside and may not be aware of an approaching car. The possibility of a child or a pet running out into the roadway significantly increases during this time of year

Please protect yourself and protect your neighbor.

PLEASE USE CAUTION AT ALL TIMES and DRIVE SLOWLY.

### **Coquille Indian Housing Authority**

2678 Mexeye Loop Coos Bay, OR 97420

- (T) 541-888-6501
- (T) 800-988-6501
- (F) 541-888-8266

daleherring@coquilleiha.org traceyroome@coquilleiha.org



#### **August 11, 2011** 8:30 p.m. **Outdoors** on the dock

Tickets on sale now at **KoKwel Gifts inside** The Mill Casino • Hotel 541-756-8000, ext. 9

\$45 General Admission \$40 Millionaire\$ Club Members Must be 21 years or older