



October 2011
Volume 14, Issue 10



Sea~Ha Runner



October Calendar	
CIHA will be closed on Fridays beginning Friday, October 7	-
KRA Dinner Meeting at 5:30 p.m.	10
CIHA Board Meeting at 3:30 p.m.	27
Happy Halloween	31



Low-Income Energy Assistance Program

September 23rd was the first day of fall, and it has already begun to feel like it; the days are shorter and the nights are cooler.



During this time of year, the Low-Income Energy Assistance Program, also known as LIEAP, generally becomes available to help low-income households with their home heating costs. This program is federally funded through the U. S. Department of Health and Human Services

(LIEAP)

and is not an entitlement program. Federal funding for the 2012 Low-Income Energy Assistance Program is likely, but not guaranteed.

To be eligible, a household's income must be at or below 60 percent of Oregon's median income. The household must also have documented energy costs. Both homeowner and renter households are eligible.



Hopefully, within the next few weeks,

CIHA will be notified when funding will be available. Notification will be sent out in the Sea~Ha Runner. Last year, funding became available at the end of November.

If you would like more information about the Low-Income Energy Assistance Program or have any questions, please contact the CIHA office at 541-888-6501.

New CIHA hours beginning October 1, 2011

Monday 7AM - 6PM
Tuesday 7AM - 6PM
Wednesday 7AM - 6PM
Thursday 7AM - 6PM
Friday Closed

**Open through lunch
~Closed Fridays~**

Low Cost Spay & Neuter Clinic



S/Nipped



- For information on services available and to schedule your low cost spay/neuter, please call 541-808-2377
- The clinic is located at 132 N. Wasson, Coos Bay (right behind Empire McKay's)
- Clinic hours are 7:30 a.m. - 4:30 p.m., Monday - Friday
- Female cat spay - \$60; Female dog spay - \$85
- Male cat neuter - \$40; Male dog neuter - \$75
- Feral Cat Package - \$40
- Low-cost vaccinations are available for surgical patients
- Prices are subject to change





KRA Meeting



Louie and Trudy Simpson would like to "Thank" Della Wilson for her kindness. When our family pet Precious was missing...Della found her and brought her home to be laid with her family. Della's caring meant a lot to all of us that loved Precious. What a wonderful community to live in. "Thanks again, Della".

LABELS FOR EDUCATION



For more than 38 years, a program called **Labels for Education** has been awarding free educational equipment to schools in exchange for proofs of purchase from the Campbell family of brands. It's a fun and easy program where students, families, and members of the community work together for a common goal.

The Kilkich Residents Association voted at their last meeting to begin collecting **Labels for Education** to help support the local Madison Elementary School. Please join KRA in their support of Madison Elementary School. Just clip and save UPC labels and beverage caps from participating products. Labels and beverage caps can be dropped off at the CIHA office during normal office hours or through the drop slot by the front door if the office is closed.

For a list of participating products, go to **Labels for Education**: <http://www.labels4education.com/Earn/participating-products.aspx>

Rent Check Pickup

If you are an elder or a person with a disability and it is difficult for you to come to the CIHA office to make your payment, please call the CIHA office at 541-888-6501. A CIHA staff member would be happy to stop by and pick up your payment for you.



Coos Bay Schools - NO School Fridays

The Tribal Community Center After School Prevention Program will be open from 7:30 a.m. - 5:30 p.m. during Coos Bay Schools' Friday closure. Youth 5-18 years of age are invited to participate in a variety of activities. Breakfast and a snack will be provided, but please bring a **SACK LUNCH**. If you have any questions, please contact Laura, Jennifer, or Lisa at 541-888-9494, ext. 20233, 20232 or 20248.



Beads, Beads, and more Beads ...



Submitted by: Chris Tanner, Librarian
541-756-0904, ext. 10218; christanner@coquilletribe.org

Coquille members and other residents of the Kilkich Community who are beading enthusiasts will be interested to know that a sizeable number of craft books, many with a focus on beading, were recently donated to the Coquille Indian Tribe Library. This donation is greatly appreciated and certainly increases the number of resources in the Library's collection focusing on craft and design.

I know of several members of the community who bead as a form of artistic expression. Some do it as a hobby, others as a commercial enterprise. The work of several Coquille members has been featured in regional exhibits. Many of them sell their work at The Mill Casino's gift-shop, Ko-Kwel Gifts. Regardless of the reason you do crafting, the CIT Library now has more resources that you can use. Use them for inspiration, for new ideas, or to jumpstart yourself to a new hobby.

2011 Wellness Fair



Affac.
We've got you under our wing.

**Consumer
Credit
Counseling**

Tribal Members, Kilkich Residents, and Employees are Invited

When: Tuesday, October 25th from 7:30 a.m. - 3:00 p.m.

Where: The Mill Casino • Hotel, Salmon Rooms East ~ West

What: An interesting variety of local exhibitors will be providing information & resources and will be available to assess different aspects of your health.

- Exhibitors and representatives from the CITHC will assess blood pressure, non-fasting blood glucose, and administer flu shots.
- CITHC staff will also provide diabetes education nutritional information, plus resources on men's and women's health (cancer, heart disease, prostate & breast health).
- Wellness Team Members will have a sign up for the Holiday Wellness Program beginning in November.
- Body mass index, waist circumference measurement, body fat percentage testing, healthy cooking demonstrations, and MUCH, MUCH MORE!
- Visit at least 5 stations and you are eligible to enter the raffle drawing for prizes.
- Contact Nasomah Wellness Coordinator, Denise Stuntzner with any questions at 541-751-0940, ext.2.



Congratulations, Luke Clark Community Center Activities

for a job well done! Luke is the Activities Director at the Community Center. He's been studying hard for his Certified Personal Trainer Certificate these past few months. All his hard work paid off!!! Congratulations again on your accomplishment!

- Teen Night - twice a month on Thursdays
- Thursday night men's basketball
- Indoor driving range
- Adult Yoga class on Tuesdays
- Please call 541-888-9494 for more information on the above listed activities

Coquille Indian Housing Authority

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Coos Bay, OR 97420

(T) 541-888-6501

(T) 800-988-6501

(F) 541-888-8266

daleherring@coquilleiha.org

traceyroome@coquilleiha.org



Safeway has job openings!

The North Bend Safeway store has the following openings:

- 4 Food Clerks
- 2 Courtesy Clerks
- 2 Deli Clerks
- 2 Starbucks Clerks
- 1 Fuel Clerk
- 1 Produce Clerk

**Apply online
at Safeway.com
or at the Kiosk
located inside
the store.**

Patience is a quality of heart that can be greatly enhanced with deliberate practice.

~ Author Unknown

Illusions of Anderson

William Scott Anderson, one of the highest rated entertainers on the West Coast, is a special breed of performer. William combines the art of Magic, with the Theater of Illusion, and then adds his unique Sense of Humor along with stories from his life traveling the world as a U.S. soldier to create an astonishing performance everywhere he goes. Your entertainment is GUARANTEED!



Tickets on sale now at KoKwel Two Shows - 7 PM & 9 PM
Gifts located inside The Mill \$15 General Admission
Casino • Hotel; telephone \$10 Millionaire\$ Club Member
number 541-756-8800, ext. 9. FREE Admission with Military ID

November 11, 2011

**7 PM & 9 PM
in the
Salmon Room**

Daylight
Saving
Time
(DST)

begins at
2:00 a.m.

on
Sunday

November 6, 2011



Fall
Back

Mountain View Farms in Lakeside



Pumpkin Patch by Day

Haunted Village & Spooky Graveyard by Night



Mountain View Farms in Lakeside offers a fun and interesting pumpkin patch. During the daylight hours, you are invited to choose your own unique pumpkin from the large pumpkin patch, and then as darkness begins to descend you may be tempted to take a stroll through the 3/4 mile, lantern-lit, spooky trail that comes alive with monsters on Friday and Saturday nights. The Haunted Village and Spooky Graveyard opens at 7:00 p.m. on Friday and Saturday evenings throughout the month of October. Stop by for an afternoon and evening of fun! For more information, please call 541-759-3582.