



Back to School!

Sea~Ha Runner



Coquille Indian Housing Authority

A fun and informative Newsletter for the Residents of the Kilkich Community

10th Annual Mill-Luck Salmon Celebration

A Celebration of Native American and Coquille Tribal Culture

FREE Outdoor Festival at the South End of The Mill Casino · Hotel

Saturday, September 14th, 10:00 a.m. - 6:00 p.m.

Sunday, September 15th, 10:00 a.m. - 4:00 p.m.

- Salmon Bake (Tickets on sale now at Ko-Kwel Gifts, 541-756-8800, ext. 9)
- Canoe Exhibition and Rides on Sunday from 11:00 a.m. - 2:00 p.m.



- Native Drummers and Dancers
- Native Crafts and Vendors
- Hands-on Demonstrations
 - Tribal Canoe Races
 - Entertainment



- An Excellent Cultural Experience for the Whole Family



Dumpsters Leave Monday, September 9th

The Kilkich community dumpsters are scheduled to leave on Monday, September 9th. Please remember that the dumpsters are for the exclusive use of Kilkich residents.

Do not put batteries, electronics, cell phones, appliances, motor oil, paint solvents, tires, antifreeze or any other questionable items in the dumpsters; do not put glass in the dumpsters. Glass can be recycled at the local West Coast Recycling Center in Coos Bay.

Please recycle all recyclable items. A recycle bin is located on Mexeye Loop next to the Tribal Police Department.

Oregon E-Cycles is a recycling program that

accepts televisions, computers, and monitors at no cost to anyone bringing in seven or fewer devices. Goodwill (541-269-9150) and West Coast Recycling (541-269-9212) are local Oregon E-Cycle drop-off sites.

Bay Area Enterprises in Coos Bay (541-269-9306) is a FREE recycling drop-off site for other electronic devices such as computer keyboards, computer mice, cellular phones, video recorders, cameras, radios, VCRs, answering machines, gaming consoles, iPods, iPads, etc.

If you have any questions, please contact the CIHA office at 541-888-6501.



Autumn begins September 22



Need to Borrow Lawn Care Equipment?

Please call CIHA
Maintenance
Technician
Ken Myers

if you need to borrow
lawn care equipment.
Ken can be reached
during normal
CIHA office hours
at 541-297-3022.



*All dogs must
be supervised
and on a leash
when outside
of their yard.*

Rent Check Pickup

If you are an elder or a
person with a disability
and it is difficult for you
to come to the CIHA
office to make your
housing payment,
please call CIHA at
541-888-6501. A staff
member will stop by
and pick up your
payment for you.



Parking on Lawns Prohibited

CIHA has received a
number of community
complaints regarding
vehicles - cars, trucks,
boats, etc. - being parked on lawns
in the Kilkich community.

Per CIHA's Common Scheme
Restriction Policy: *"All parking,
other than in the driveway or
garage, must be on the side of the
street where the streetlights are
and must NOT exceed 24 hours."*
In addition, *"No tent structure,
camper, recreational vehicle,
motorcycle, trail bike, snowmobile,
boat, trailer, motor coach, or*

*mobile home, or any structure of
any kind shall be parked, placed,
erected, or used upon the
property."*

Please adhere to CIHA's Common
Scheme Restriction policy. If you
have a vehicle parked on your
lawn, please move it. Policy
violation notices will be sent out
to households that do not adhere
to this policy.

If you have any questions or would
like a copy of the policy, please
stop by or call the CIHA office
(541-888-6501) during normal
office hours.

Transformation Café Challenge Begins Thursday, September 19th



Beginning on Thursday, September
19th, the CIT Health Center will be
offering a new and exciting health
"challenge" opportunity to help
you lose weight and incorporate
exercise into your busy schedule.

The **Transformation Café Challenge**
is a four-week course designed to
help you learn how to "cook and
eat for health and weight loss and
fit exercise into a busy schedule."

The **Four Weeks to a Fabulous
New You** class will be held every
Thursday for four weeks from
noon to 1:00 p.m. or 5:00 p.m.
to 6:00 p.m.

**Lose only 4 percent of your body
weight for a chance to receive a
cash prize!**

All Coquille Tribal members and
Kilkich residents over the age
of 18 are eligible to enroll in the
Challenge.

If you would like to register for the
class or would like additional
information, contact Gail Accinelli
at 541-888-9494, ext. 20216.

Join the "Challenge" today!!

*"One year from now you will wish
that you had started today!"*

Wednesday and Sunday Farmer's Market



The local Farmer's Market is in full swing and is open weekly
Wednesdays and Sundays from 9:00 a.m. until 3:00 p.m.
through the month of October. The market is located on
Central Avenue in Coos Bay with an average of 50 weekly
vendors offering fresh produce, jams and jellies, baked goods,
arts and crafts, fresh flowers, and more. If you have questions
or would like more information, please call 541-266-9706.



Donations to the CIT Library are a Reminder of All the Valuable Resources Available at the CIT Library

A small collection of books was donated to the CIT Library the other day. The book donation included several books with information on Oregon history and the Coquille Indian Tribe. Often, with the Library's space being limited, donations are not accepted or are taken to a local public library where the books are placed on the shelves or used in their respective book sale fund-raisers. That said, when donated materials cover subjects connected to the Tribe and the book's physical condition is acceptable, then the item stays here at the Library.

These donations create an opportunity to write about some of the Library's other book resources.

The donations included copies of several collections of traditional stories from the Pacific Northwest including two that have been used as reference material by some of the Tribe's programs and services. These include Indians of the Pacific Northwest by Ella Clark, which includes a version of the famous story about a Potlatch on the Oregon Coast (aka The

Legend of Face Rock) and Coyote Was Going There: Indian Literature of the Oregon Country by Jarold Ramsey, an anthology of traditional stories from Oregon Tribes including over twenty stories from coastal and southwest Oregon tribes.

These are two of several anthologies of stories available at the Library. While the Tribe's archival collections such as the Jacobs Collection provide much more in-depth information on Coos and Coquille traditional stories, books like these two allow the reader to learn more about other Oregon tribes, the stories they told, and similarities in the stories told by different groups living in different areas of Oregon. Please note these collections include Coyote stories....please don't read out loud in the summer.

Changing Landscapes Volume II: Telling Our Stories was another of the donated items. Edited by Jason Younker, Mark Tveskov, and David Lewis, this is one of three volumes published by the Tribe that provide a wide range of information related to the history and traditions of the Coquille

and other tribes from southwest Oregon and northern California. They contain essays and other written contributions to the Cultural Preservation Conferences the Tribe used to host. These volumes are routinely used by patrons who are trying to learn more about the Tribe. Changing Landscapes Volume II includes works discussing traditional stories about earthquakes and tsunamis, how tobacco was used on the southwest Oregon coast (ceremonial use only, please), and early contact between pioneers and settlers....for better or for worse. Two of the contributions were written by Coquille members; providing a very personal perspective on the Tribe's history and what it means to be a member of the Coquille Indian Tribe.

The donation also included a copy of She's Tricky Like Coyote, the Lionel Youst biography of Annie Miner Peterson, a Coos woman whose knowledge of the Miluk and Hanis language made her an invaluable source of information to Melville Jacobs and other linguists

and ethnographers with whom she shared her knowledge. The CIT Library recently purchased several copies of this popular book along with copies of Coquille Thompson, Athabaskan Witness. This is another Youst biography that tells the story of the Upper Coquille man who was born in the Myrtle Point area before the arrival of Euro-American settlers, grew up on the Siletz Reservation and, later in life, contributed to the preservation of the history and languages spoken by the ancestors of today's Coquille Indian Tribe. At the 2013 Information Fair held at Family Camp, several copies of each of these biographies were loaned out to members of the Tribe's community.

Feel free to contact the Library about donations, but don't hesitate to consider your local public library as an alternative destination for your extra reading material.

Article submitted by Librarian Chris Tanner. Contact Chris by email at: christanner@coquilletribe.org or by telephone at: 1-800-622-5869 or 541-756-0904, ext. 10218.

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September 21 is International Day of Peace



In 1981, the United Nations General Assembly, by unanimous vote, adopted Resolution 36/67 establishing the International Day of Peace (IDP) which stated in part, "...to devote a specific time to concentrate the efforts of the United Nations and its Member States, as well as the whole of mankind, to promoting the ideals of peace and to giving positive evidence of their commitment to peace in all viable ways."

The first Peace Day was celebrated in September 1982 on the opening day of the General Assembly. In 2002 the UN General Assembly officially declared September 21 as the permanent annual date for the International Day of Peace.

Since its inception, Peace Day has marked our personal and planetary progress toward peace. It has grown to include millions of people in all parts of the world, and each year events are organized to commemorate and celebrate this day. Events range in scale from private gatherings to public concerts and forums where hundreds of thousands of people participate.

Anyone anywhere can celebrate Peace Day. It can be as simple as lighting a candle at noon, sitting in silent meditation, or doing a good deed for someone you do not know. The impact of millions of people in all parts of the world, coming together for one day of peace, is immense, and does make a difference. Take this opportunity to make peace in your own relationships as well as impact the larger conflicts of our time.

Imagine what a whole Day of Ceasefire would mean to humankind.

Excerpted from <http://www.internationaldayofpeace.org>

September Calendar

Labor Day - CIHA Office Closed	2
KRA Board Meeting at 5:30 p.m.	9
Dumpsters Leave	9
Mill-Luck Salmon Celebration	14 - 15
International Day of Peace	21
Autumn Begins	22

Review, Revise, and Revamp Your Emergency Supply Kits

As summer fades and the school year begins, now is a good time to review and update emergency supply kits. Review WHAT you have in your emergency kit and go over a checklist to make sure your kit is complete. Rotate items that are nearing their expiration date and add new items that you currently need, e.g. new medication.

Recommended items include, but are not limited to:

- 3-day supply of water; 1 gallon per person, per day
- 3-day supply of non-perishable food
- Prescription medications, multi-vitamins, glasses, and sunglasses
- NOAA Weather Radio with tone alert and AM/FM radio (hand-crank is good)
- Charger for cell phone
- Flashlight with extra batteries
- Whistle, signal flare
- Map, compass
- Children and pet food necessities
- Emergency reference manual
- Cash
- Copies of identification, insurance policies, and bank records in waterproof storage
- Complete change of clothing
- Weatherproof coat, gloves, and footwear
- Sleeping bag, blanket, tarp, rope/twine
- To purify water: household, unscented, pure chlorine bleach and a medicine dropper for measuring
- Mess kits, paper towels, moist towelettes
- Matches in a waterproof container
- Ziploc bags to store opened food
- First aid supplies

CIHA has a selection of emergency preparedness pamphlets and information available at the office.

Internet resources:

www.fema.gov/areyouready

www.ready.gov

www.redcross.org

PREPARE TODAY!

Some succeed because they are destined to, but most succeed because they are determined to.

~Author Unknown