



Coquille Indian Housing Authority



Sea~Ha Runner



April 2018
Volume 21
Issue 4



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There are currently two garden beds available for the 2018 gardening season. Call CIHA today to reserve at 541-888-6501.

A fun and informative Newsletter for the Residents of the Kilkich Community

Do You Use the Recycling Bin by the Tribal Police Dept.?

The recycling dumpster located next to the Tribal Police office is provided for the Kilkich community members to use. This is the ONLY recycling dumpster located on Tribal Lands that is designated for Kilkich community use.

The CIT Health Center and the CIT Learning Center each have a recycling dumpster.

These dumpsters are NOT for community use. Neither are their refuse dumpsters.

Homeowners and renters are required to maintain monthly garbage service.

Les' Sanitation has signage posted on the dumpster listing the

current allowable recyclables.

GARBAGE IS STILL BEING PUT IN THE RECYCLE BIN. If this continues, Les' will remove the recycling bin.

The ONLY items allowed in the recycling bin are:

- Brown corrugated cardboard - flattened (no cereal boxes, milk cartons, etc.)
- Newspapers and magazines (clean)
- Metal cans (clean and rinsed); no lids
- White copy paper (no colored paper, junk mail, envelopes, etc.)
- Plastics #1 and #2 - bottleneck only (see list in next column).

No lids, yogurt, butter, cottage cheese, salad containers, etc.

ACCEPTABLE PLASTICS

- One gallon milk bottles
- One gallon water bottles
- Two gallon water dispensers
- Plastic fruit juice bottles
- Liquid laundry containers
- Fabric softener containers
- Bleach bottles
- Windshield solvent bottles
- One, two, or three liter soda bottles

CLEAN, RINSED PLASTIC CONTAINERS ONLY



If you have recycling questions, please contact Les' Sanitation at 541-267-2848.

There is signage posted on the community recycling bin clearly designating items that are currently recyclable. If the item you want to put in the bin is not listed - DO NOT PUT IT IN THE BIN.

Glass can be recycled at the local transfer station for a small fee. West Coast Recycling: 541-269-9212 / Beaver Hill Disposal Site: 541-396-7620

Thank you for complying with the new recycling rules.

KRA April Board Meeting



KRA will meet on Monday, April 9th at 5:30 p.m. in the CIHA office.

All Kilkich residents are welcome to attend the meeting. If you would like to contact KRA via email, please email KRA at: kilkichresidents@gmail.com



Though spring has finally arrived, the Coos Bay Winter Market inside Pony Village Mall will remain open every Wednesday through April 25th from 10:00 a.m. until 2:00 p.m. Admission is FREE! Stop by the Market and browse the diverse selection of locally grown organic produce, honey, coffee, meats, breads, sweet treats, nuts, trail mixes, dried fruit, hummus, lavender products, handmade crafts, signs, ceramics, and more. Support your local farmers and artisans!

Contact Manager Mike Lofrano for more information at 541-679-0952 or mdlofrano@gmail.com.

Have You Registered Your Companion Animal with CIHA?

Community complaints are still being received in the CIHA office regarding dogs running loose and an influx of stray cats. Stray cats seem to appear every spring and it is sometimes necessary to trap the stray cats.

Animals that cannot be identified when captured may be transported to the Coos County Animal Shelter.

Please register your animal with CIHA so that it can be identified if it is lost.

In addition to a photo of your animal, your cat or dog must also be up-to-date on all vaccinations and be spayed or neutered. This is a requirement, it is not optional. Proof of current vaccinations and documentation of spay or neuter must

be on file with the CIHA office. Unvaccinated animals may carry diseases and be a threat to the community.

S/Nipped in Empire offers low cost spay and neuter services as well as low cost vaccinations.



For more information about S/Nipped services, pricing, and scheduling call 541-808-2377.

It's Whale Watching Season on the Oregon Coast!!

People come from all over the world each year to visit the Oregon coast to learn about and watch the spectacular gray whales as they travel the coastline. Whales are visible all year long, but some months are better than others to view them.

Oregon State Parks and the Whale Watching Spoken Here Program have a livestream whale watching feed that will be up from 10:00 a.m. - 4:00 p.m. daily through March 31st at <https://www.youtube.com/user/OregonParks/live>

For more whale watching information, including the best places to watch whales, log on to: <https://whalespoken.wordpress.com/>

Take the family out and enjoy some spectacular whale watching this spring. Whales are amazing!



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Eight Form Tai Chi Class

Beginning Monday, April 2nd at the CIT Learning Center, there will be an 8-week Tai Chi class on Mondays and Wednesdays from 10:30 a.m. - 11:30 a.m. open to anyone who is interested in improving their balance. This will be a

gentle, 8-Form Tai Chi class geared toward older adults who appreciate a moderate exercise class; this class can be practiced in a chair.



Pam Lenox will teach the Tai Chi class. Contact Pam at 702-722-4977 or by email at pamelalenox@gmail.com.



Mobile Security - Tips to Keep Personal Information on Your Phone Safe

Technology continues to rapidly change the world in which we live. Smartphones are a prime example of this evolving technology as many people have a smartphone today and can't imagine life without it. A common saying often heard is, "My whole life is on my phone."

A smartphone is literally a small mobile PC that you can carry with you virtually anywhere. Smartphones provide (almost) instant, convenient, online access to shopping, banking, personal accounts, general queries and much more. A couple of taps or swipes with your finger and the information you are searching for magically appears on your screen. Not only that, but photos, calendars, personal reminders, lists, books, music, personal contacts, and much more are stored on this handheld, portable device. AND, it even makes phone calls and has video conferencing capabilities. What's not to love?

So, it is not uncommon for people to store some or all of their personal information on their smartphone. **Criminals LOVE this as it's a digital goldmine for them should they gain access to your smartphone.**

To reduce the risk of having your money, personal information, or identity stolen, please review the following safety suggestions to help safeguard your valuable data.



- Password protect your smartphone and **ALWAYS lock your phone** when it's not in use. This may seem like an inconvenience, but **this habit may foil a theft attempt.** 
- If the option is available on your smartphone, use a longer, stronger password than the default 4-digit unlock code. Longer, stronger codes are harder to break. Again, maybe inconvenient, but definitely worth the extra protection.
- Set your phone to automatically lock after being idle for a set amount of time. It is better to have to log in again than having someone access your idle unlocked phone.
- For tight security, you can set your smartphone to erase ALL data after 10 unsuccessful password attempts. ***This is ideal if a criminal has your phone, but a child or other user trying to open your phone could unknowingly erase all your data after 10 unsuccessful attempts.***
- Monitor your online bank/credit card accounts for suspicious activity. Some accounts allow you to receive daily emails/texts notifying you of current activity and account balances.
- Clear data from your smartphone frequently. Clearing the data minimizes the amount of data a criminal has access to and may speed up your phone.
- Delete text messages from financial institutions, especially before sharing, discarding, or selling your phone.
- Remove personal information before discarding your phone (this applies to all cell phones). Don't rely on cell phone carriers, recycling firms, or phone deposit banks to 'clean/wipe' your data for you as there is no guarantee your information will be deleted. Check your phone's manufacturer for detailed instructions on how to delete all your personal information from your phone.
- Verify the sources of your online banking applications and use dedicated apps for online banking. ***Criminals try to lure people into signing up for mobile banking using fake apps and/or websites.***
- When considering adding an app to your smartphone, review the app's permissions so that you understand what the app is capable of doing **before you download it.**
- Don't fall for phishing scams. Phishers create web links that look legitimate but instead direct you to a malicious website when you click on the link. Due to the small screen size of some smartphones, it is even harder to detect if a site is legitimate. **BEST DEFENSE ... type in the website address yourself.** Do not click on the link.

Excerpted from www.usbank.com



Coquille Indian Housing Authority

2678 Mexeye Loop
Coos Bay, OR 97420

(Phone) 541-888-6501

(Phone) 800-988-6501

(Fax) 541-888-8266

daleherring@coquilleiha.org

traceymueller@coquilleiha.org



*Peace begins with a smile.
~ Mother Teresa*



Legendary Motown R & B recording act, The Spinners will be performing at The Mill Casino · Hotel on Saturday, April 14th with two shows:

6:00 p.m. and 8:00 p.m.

The concert is a 21 and older event.

The Spinners have six Grammy nominations and have performed twice during the awards ceremony. Inducted into the Vocal Group Hall of Fame in 1999, they've also been awarded the Rhythm and Blues Foundation Award. The Spinners maintain an active touring schedule sharing their timeless hits of the 70's with audiences everywhere.

Don't miss this incredible concert! Purchase your tickets today at KóKwel Gifts, 541-435-0757, ext. 9.



13th Annual "Ahhh Shucks!" Oyster Feed Saturday, April 28th

Celebrate Oregon Oyster Week on Saturday, April 28th from 12:00 p.m. - 4:00 p.m. at the Oregon Institute of Marine Biology (OIMB) dining hall, 63466 Boat Basin Drive in Charleston.

This event is hosted by the Charleston Community Enhancement Corporation.

Large and small oyster meals will be available; oysters will be fried, sautéed, or steamed. Meals will be served with dipping sauces, baked beans, coleslaw, garlic bread, and a choice of beverage.



There will be live music, Oregon wines, shrimp cocktails, gourmet hotdog meals, desserts provided by Charleston Fishing Families, and a fundraising drawing featuring numerous gift certificates and prizes donated by local merchants.



For more information about the "Ahhh Shucks" Oyster Feed, call 541-269-0215.

Lady Washington at the Coos Bay City Dock April 11 - 17 for Tours and Sails



Launched on March 7, 1989, the new Lady Washington was built in Aberdeen, Washington, by Grays Harbor Historical Seaport, a 501(c)(3) not-for-profit public development authority and is a full-scale replica of the original Lady Washington.

In 1787, after the Revolutionary War, the Lady Washington was given a major refit to prepare her for a unprecedented trading voyage around Cape Horn. In 1788, she became the first American vessel to make landfall on the west coast of North America.

A pioneer in Pan-Pacific trade, she was the first American ship to visit Honolulu, Hong Kong, and Japan. Lady Washington opened the black pearl and sandalwood trade between Hawaii and Asia when King Kamehameha became a partner in the ship.

Today's modern Lady Washington was launched as part of the 1989 Washington State Centennial celebration and is a U.S. Coast Guard inspected and certified passenger sailing vessel.

Over the years, Lady Washington has appeared in several motion pictures and television shows and makes an annual journey to Coos Bay (and other destinations) offering vessel tours and sails.

For tickets and information call 1-800-200-5239 or visit <http://www.historicalseaport.org/public-tours-sails/sailing-schedule/coos-bay-oregon/>

Excerpted from <http://www.historicalseaport.org/ships/lady-washington/>



COMPREHENSIVE PLAN COMMUNITY OPEN HOUSE

Date: Tuesday, April 10, 2018

Time: 5:30 – 7:30 pm

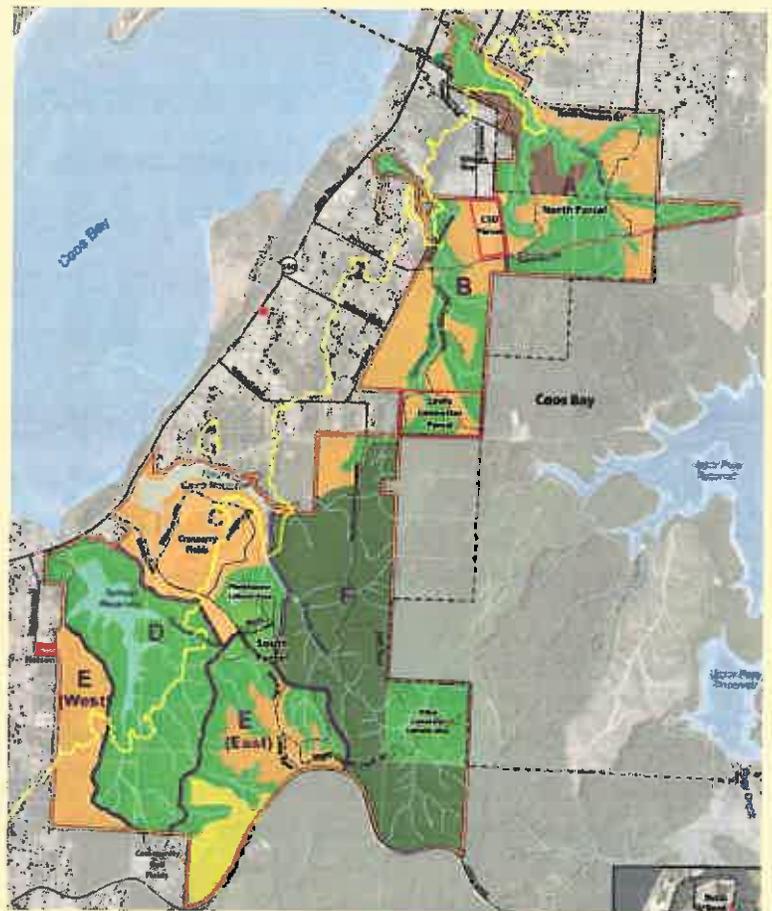
Join us before the meeting for a Pizza Dinner starting at 5pm!

Location: Coquille Tribal Community Plankhouse

Creating a Comprehensive Plan for the Empire Properties is a priority for the Tribe. The proposed plan will guide housing, employment, parks and open space opportunities on the Empire properties. The Plan proposes a transportation network that connects land uses to key amenities by foot, by bicycle and on transit. It also includes four preliminary site plans for Tribal land south of Marshall Ave and adjacent to Libby Lane.

JOIN US AT THE COMMUNITY OPEN HOUSE!

Learn about the proposed land uses and transportation network for the Empire properties and provide your thoughts on its key elements.



**HOUSING | TRANSPORTATION | ECONOMIC DEVELOPMENT | INFRASTRUCTURE
CULTURAL RESOURCES | COMMUNITY RESOURCES | NATURAL RESOURCES**

For more information, please contact CIT Property and Project Manager Todd Tripp at 541-756-0904 or toddtripp@coquilletribe.org. To stay involved, visit www.coquilletribe.org



1st Annual Youth & Elder Art Show

We would like to invite:

Tribal Elders, Non-Tribal grandparents, Tribal and Kilkich Community Youth

April 19, 2018 from 5:30 p.m. - 7:00 p.m.

Coquille Indian Tribe Learning Center, 591 Miluk Dr. Coos Bay, Or.

Food and Beverages will be provided during this event

The themes for this year's art are:

Culture

Health & Wellness

The Color Blue in Honor of Child Abuse Prevention Month

Members of the Coos County Fair Board will be present to choose art for this year's Coquille Tribe Display, and the medical staff of the Coquille Tribal Health Clinic will be present to pick art to display in the Patient rooms. The CELS team will also be choosing 12 pieces of art to showcase in the 2019 Tribal Calendar.

Note:

CIT Tribal Elders and youth from out of the area are able to be reimbursed for the cost of the Canvas and shipping. Please submit the receipt and a note stating who and where the reimbursement needs to go to, Attn. Rhonda Ferguson.

Any questions please contact:

Bridgett Wheeler at 541-756-0904 ext. 1243

Or

Becky Cantrell at 541-888-9494 ext. 2235