September 2020

Volume 23, Issue 9







Happy Labor Day CIHA Closed

Labor Day Holiday CIHA Closed

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Autumn Begins

CIHA Annual and Regular

Board Meetings,

3:30 p.m.

FREE

Metal Collection Event through September 30th at the Beaver Hill Disposal Site.

Call for details, (541) 396-7620, or log on to:

http://

www.co.coos.or.us/
Departments/
SolidWaste.aspx

Coquille Indian Housing Authority

Sea~Ha Runner



A fun and informative Newsletter for the Residents of the Kilkich Community

Third Creek Culvert Replacement Project Begins September 8th Expect Traffic Delays and a Detour on Cape Arago Highway

Excerpt from August 21st ODOT update regarding OREGON 540 (Cape Arago Highway), MP 5.3, Third Creek Culvert Replacement (\$360,000):

This project will replace the Third Creek culvert, which is located next to the Charleston Fire Station on Cape Arago Highway at milepost 5.3. The existing two-foot-diameter culvert is frequently blocked, and will be replaced with a five-foot pipe that provides better drainage.

From Sept. 8-11 (Tuesday-Friday), motorists should watch for intermittent lane and shoulder closures as the contractor sets up the work zone, places signs and moves equipment.

Starting Friday, Sept. 11,

Cape Arago Highway is scheduled to be closed at Third Creek for one week. Local traffic will take a DETOUR one-mile detour using Grinnell Lane, Penny Road and Kellogg Lane. This is a residential area, with a speed limit of 25 mph, and motorists are advised to drive slowly and with caution. Flaggers will provide traffic control. Motorists traveling between Charleston and downtown Coos Bay can also take Libby Lane.

From Friday, Sept. 18, until the end of the month, motorists should watch for intermittent lane and shoulder closures through the Cape Arago Highway work zone.

Congratulations to Ryan and Ashley Scott at 2617 Mexeye Loop.

Their front yard makeover entry was randomly drawn and they will soon be participating in the design of their new front yard.

Previous Renter Front Yard Makeover Winners:

2011 - 711 Jistajaya Court 2014 - 2616 Mexeye Loop 2017 - 2618 Mexeye Loop

2012 - 2664 Mexeye Loop 2015 - 2609 Mexeye Loop 2018 - 2607 Mexeye Loop

2013 - 709 Jistajaya Court 2016 - 2629 Mexeye Loop 2019 - 701 Jistajaya Court

Coquille Indian Housing Authority

2678 Mexeye Loop

Phone: 541-888-6501 Phone: 800-988-6501 Fax: 541-888-8266

traceymueller@coquilleiha.org



Have a Safe and Happy Labor Day Weekend!

ARE YOU REGISTERED TO VOTE IN THE UPCOMING 2020 ELECTION?

- Election day is Tuesday, November 3, 2020.
- The deadline to register online, or in person, to vote is Tuesday, October 13, 2020.
- The deadline to register by mail to vote is (postmarked by) Tuesday, October 13, 2020. Register to vote online or check your voter registration status at: https://sos.oregon.gov/ voting-elections/pages/default.aspx

Contact Jan by email, janhdoyle@gmail.com, or by phone, (541) 290-9948, for more information.



KEEP MOVING

Kids are home, pools are closed, social distancing is tough. Many of us wonder what to do.

The answer is **KEEP MOVING**; get up and move.

If motivation is needed, why not get ready to participate in the FALL EQUINOX 10K? This is a non-event walk/jog/ run that can be done in distances of 1 mile, 3 miles (5K), or 6.2 miles (10K). The idea is to start around 10 A.M. on Saturday, September 19 at the Plankhouse and move together. No fees, no sign-up, no timer.

To prepare for this, Jan Doyle is leading an hour of stretching and walking every Saturday morning at the Plankhouse from 9 A.M. to 10 A.M. through Saturday, September 12.

Exercise, like all habits, begins with TINY STEPS. If you are out of the exercise habit, start by touching your toes 3 times every morning or walking to your mailbox every afternoon. The most important step is the first step, then just **KEEP MOVING**.

Submitted by Kilkich Resident Jan Doyle.

September is National Preparedness Month

National Preparedness Month (NPM) is recognized each September to promote family and community disaster planning.

The 2020 NPM theme is: "Disasters Don't Wait".

The COVID-19 pandemic hit our nation hard and fast and has changed the way we live, work, and interact in our communities. Pandemic panic-buying created food and other supply shortages. Even sheltering in place was challenging if you didn't have an adequate supply of food, water, medicines, and pet supplies. If you and your family were prepared for an emergency, the pandemic has probably been more of an inconvenience than a panic-causing event.

If you weren't prepared for the pandemic, hopefully PREPARED you are now or are in the process of becoming prepared.

Emergency preparation is easy.

It is as easy as following a list and putting together your supplies. There are many step-by-step guides that can be found on the internet, as well as numerous YouTube videos.

If you don't know MAKE A DT. A N where to start, log on to:

https://www.ready.gov/september

Also check out: https:// www.redcross.org /get-help/how-toprepare-for-emergencies.html https://www.ready.gov/build-a-kit









ARE YOU PREPARED?

Prepare and PRACTICE what you will do in any emergency. Build on and update your plan, at the very least, on an annual basis.

Discuss the various disasters that could affect your family with your family, e.g., fire, earthquake, tsunami, power outage, terrorist attack, pandemic, etc.

Make a plan with your family on what to do in each emergency.

Pack a "Go Bag" for every family member. Your "Go Bag" should be with you wherever you are (home, work, vacation, etc.).

Don't let the next emergency or disaster catch you unprepared.

Don't prepare tomorrow ... make plans TODAY!