

Anne Cook

From: pamela lenox <pamelalenox@gmail.com>
Sent: Wednesday, April 8, 2026 11:53 AM
To: Anne Cook
Subject: Thanks for an extra kindness

Hi Anne,

During Monday's Tai Chi class Adam noticed a car parked near the Warehouse had a flat tire. He spoke to me during our break and kindly filled the tire with air so the student was able to drive to the repair shop. It would have been easier to just not "see" the flat and get on with things but stopping and helping made a difference. The owner arrived safely at the shop and had the tire fixed. It had a nail in it.

With appreciation for the use of your Warehouse and the folks that work for CIHA! Pam